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**An Evening at the Races
Saturday 11th February 2017
7 for 7.30pm Village Centre**

Buffet and Races

£7.50 Adults

£3 Children 12 years and under

On behalf of Reach Riders Group

From the Editor

Christmas has come early for me with a great photo of Tommy Greenhill, Jack Russell-cum-farm-animal, sent in by Penny and Ron Greenhill. Dare I say, of even greater pleasure, is the uncanny article we have from Eddie Acklam, sage cat!



We have an interview with Roseanna Thompson of TFM Thompson, family farm butchers at Isleham. Roseanna attended the Reach Festival and when I heard about her farm shop I imagined a stall at the end of a country lane with an honesty box. To visit the family farm shop in Isleham is to be amazed. Substantial, professional, exceptional quality and hugely well stocked.

In early January we will maybe think about New Year resolutions and often we promise ourselves to undertake more exercise. We have article from Julia Bottrill, a body control Pilates instructor and thoroughly nice person. Find out the difference between Pilates and yoga and how to avoid back ache, neck ache, shoulder ache etc. If, unfortunately, you do have an ailment Pilates can be of great benefit.

Continue to be amazed at what Danuta and Richard grow in their garden, and yes Catherine Gibson mentions the words 'stuffing' and 'brussels'. George Tucker carved an incredible pumpkin and Tobias Aspin is nowhere to be seen.

The Burwell horse and pony ride was a great success due to Hilary Fielding's efforts, assisted by her numerous helpers. The Reach Riders Group is holding An Evening at the Races on 11th February. Do please support this enthusiastic group.

Thank you to everyone who contributed to and attended, the Macmillan Coffee Morning. We held the morning late because of the Festival and were uncertain as to whether anyone would attend. But it was lovely. People came and stayed and enjoyed a cuppa and a chat. We raised £230 which is brilliant.

Ray Folkes was born in Reach and lived here all his life. Unfortunately he passed away recently. Lots of people attended his funeral and the hymns included All Things Bright and Beautiful in recognition of his love of gardening. This issue includes moving tributes from his family.

Very sadly in November Paul Tarasewicz died unexpectedly and our deepest thoughts are with his family, especially his wife Sue and son Adam.

Claire Halpin-McDonald

Cover photographs: Hugh de Lacy.
Reach Riders Pleasure Ride photographs: Anya Tabecki

About the Magazine

The purpose of *Within Reach* is to serve the whole village by circulating information and interesting articles free to every household. Additional copies are available at a charge of £2.50. Issues are published bi-monthly covering the months of Feb/Mar, Apr/May, June/July, Aug/Sept, Oct/Nov and Dec/Jan.

Copies of the Minutes of Parish Council meetings and of *Out of Reach* and *Within Reach* magazines can be found on the village website www.reach-village.co.uk.

The next copy date is 15th January 2016. This magazine is approved and printed by Reach Parish Council.

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Cricket	Ross Clark
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Equestrian News	Lorna Steven
Fen Chitchat	Lesley Boyle
Gardening	Danuta Gibson
Kids' Page	
Memories	Anita Folkes
Parish Council	Susan Bailey
Snakehall Farm	Maz Baker
Sport	Juliet Vickery
Swaffham Prior School	Hannah Curtis
Wicken Fen	Howard Cooper
Wildlife	Joss Goodchild

Reach Fair

As I am sure you are all aware, Reach Fair has been taking place for over 800 years, giving enjoyment (to varying levels no doubt!) to Reach residents and visitors from surrounding areas and providing funding for the Village Centre and the Amenity Fund.

It has changed in format and size many times, with the main consistency being the opening ceremony performed by local dignitaries, nowadays the Mayor of Cambridge accompanied by the Aldermen in full regalia.

The organisation of the Fair is an onerous task which over recent years has been carried out by the Village Centre Committee (up to 75% of the profit from the Fair goes to support our excellent Village Centre). Of recent times, the Village Centre Committee has sought assistance with the organisational workload and since this was not always forthcoming to the right level, sought to outsource some of the work to an outside organisation. Meetings then took place which included the VCC, the Parish Council and the Events Team at which it was agreed that:

- The Village Centre Committee will relinquish the task of organising the Fair
- The Parish Council will take over the ownership of the Fair (arguably they have always had that responsibility)
- The Parish Council will appoint the Events Team to be responsible for the delivering of the Fair in 2017 and subject to further agreement, subsequent years
- **All profits from the Fair will go directly to the Parish Council**

The Events Team has organised a number of village events but nothing on the scale of Reach Fair. However, we have Claire Halpin-McDonald as Project Leader who was on the Village Centre organising committee for many years. Jo Mules will be looking after the financials using her accountancy skills and Hannah Baldwin will be employing her considerable sales and marketing experience as well as harnessing the power of social media to reach and ultimately impress as wide an audience as possible. My role will be that of secretary – and we will be looking for help from Reach villagers, as ever.

For Reach Fair 2017 there no planned huge revamping at this time. The Events Team has a number of ideas on what could be done to improve the occasion but we want to gain input from villagers on what they would like to see before agreeing and implementing any significant changes. **To that end an open meeting will be organised for January 2016 when all villagers can come along and give their thoughts. In the meantime, if you have immediate reactions, please email the team at reacheventsteam@btinternet.com.**

The Events Team will be setting itself up as a CIO (Charitable Incorporated Organisation) which has a number of benefits. It will take out Public Liability Insurance and keep accounts for the Fair (which will be externally audited) and as mentioned previously, all profits from the Fair will go directly to the Parish Council.

As always, the Fair will not function without villagers contributing time during the organisational process and very importantly on the day itself – we will be asking for that assistance in the New Year so that we are well prepared for the day itself and villagers can plan accordingly.



In addition, the Events Team will be relying on information and guidance being provided by the Village Centre Committee – and this has been promised unreservedly – for which we are very grateful.

This article cannot be concluded without thanks being passed on to the current and past Village Centre Committees who have delivered the Fair through thick and thin over so many years. I would personally like to thank Grahame Radford who has given so much to the Fair over the time I have been living in Reach.

As regards the future of the **Amenity Fund** please read the article below

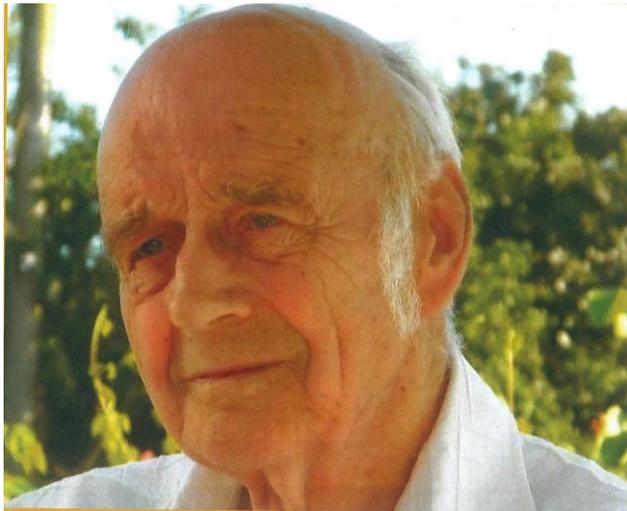
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Amenity Fund

The Amenity Fund was set up to allow at least 25% of the profits from the Fair to be channelled into the Reach community. Currently there is around £3,500 in the account and when the share of the profits from the 2016 Fair is added, this will increase to around £5,000.

The Amenity Fund will be wound up and all monies transferred to the Parish Council who will set up a Grants Sub-Committee which will in essence replace the Amenity Fund Committee. Villagers will be able to apply for grants (subject to certain criteria) in the same way as before and this will include the Village Centre Committee. The Parish Council will also have the power to use the monies to contribute to the Precept, should it feel that the size of the fund is too high, thereby allowing all villagers to benefit from the Fair.

Ray Folkes, A Life Well Lived



Ray was born in Reach in 1922 and lived in Reach all his life. He had a hard childhood losing both his father and brother when he was 9. He also had a sister Mildred who passed away in 1998. As a child he would do jobs in the village to earn a few coppers which he gave to his mother to help run the house.

At 14 years old he left school (which he really disliked) and started working for his uncle on a farm in the Fen. He later worked for the war Agg until after the war. He was in the home guard because working on the land made him exempt from going to war.



We were married in Swaffham Prior church

He then went to Swaffham Prior working for Mr Ambrose on the farm where horses were used to do a lot of the work. It was nothing for the horses to bolt sometimes on the main road and Ray was very worried that someone might get hurt. He was the farms chief stacker at harvest time and not a drop of rain ever got into his stacks.

While working on the farm we met. I was 15 years his junior and a lot of people said it wouldn't last when we married in 1957 but 59 ½ years later we were looking forward to our Diamond Wedding next March but it was not to be. Later in their first year of marriage we had Roland and 6 ½ years later David arrived.

When Ambrose Farm was sold and Mr Ambrose retired, Ray went to work for Lavender and Bateman doing road maintenance. He was a Roller Driver and took a lot of pride making the finished work look well done. When Lavender and Bateman had to cut down on staff Ray spent his last few months a Sindalls in the precast factory.

On retiring he did several gardening jobs about the village and in Burwell and Swaffham Prior as well as his own garden. He also had an allotment where he grew loads of veg and enough potatoes to last us until next season. He still did his own garden this year until early June. The only thing missing this year were his famous runner beans and tomatoes.



Ray had several years on the Parish council and many more on the village centre committee and was also Caretaker. He did a lot of work when he first modernised the Village Centre and on the fair day he started at 6am and was busy until everything was cleared up at night.

He, like the rest of us, was devastated when we lost our Grandson Steven in 1998 and when they named the playing field after him, he took on the task of polishing the plaque on the gate so it always looked shiny.

Ray used to be in the married men's Tug of War over the Lode and he never came home wet. He always helped when we had Auctions at the Village Centre and when we had Disco's he was a Bouncer when the Hell's Angels started fighting and often helped hold them down on the road until the Police arrived. All this was done to raise money for modernising the Village Centre.

His main joy was his two sons and grandchildren as well as his garden.

I think most people will remember Ray for seeing him riding his bike to Burwell which he did about three times a week.

Ray spent his last few months at Mabbs Hall Nursing Home in Mildenhall. He was very happy there and was looked after with great love and care. All the staff were upset when he passed away.

The whole family will miss him for his humour and presence about the home.

Anita Folkes

Ray Folkes, Our Dad



Ray with his sons David (centre) and Roland on the occasion of David's wedding to Dee

When me and Roland were younger we always had a holiday each year and when we went to Great Yarmouth, dad always took us to stock car racing which we enjoyed. Later on we started going to Speedway at Mildenhall which Dad, Roland and me always enjoyed too and up until a few years ago we went to Cardiff to the Speedway Grandpax which Dad always loved to see. Staying on the sports scene as a family we all started to play Carpet Bowls and at one point we had three generations all playing in the same team as well as extended family members. Dad was always so proud when any of us won a competition and was always the first to congratulate us on it.

When Roland was young, Dad had an allotment and on one particular day there was a garden roller nearby and Roland thought I will go and explore that as kids do! Dad said to him don't play with that or you will end up hurting yourself and yes you guessed it, he managed to cut his head open and needed stitches. I won't tell you what Dad said at the time as you can all probably imagine but he ever played with it again.

One year we all went to Mablesthorpe, Dad, Mum, Me, Roland and his family, for a holiday. Steven and Kelly were only young and being as Steven was that little bit older he could run faster than Kelly round the caravan so Dad picked her up and ran round with her in his arms. When it came to putting her down, Kelly just kept saying more and off Dad went again for another trip round the caravan. By the time the holiday was over they had run round the caravan so much that there was a path cut into the grass where they had been.

Dad lived in Reach all his life and always looked forward to Reach fair and collecting the pennies that the Mayor would throw out. Even this year he was there with his grandchildren and great grandchildren waiting for the pennies to be thrown. Reach fair won't be the same without dad being there.

I always looked up to my Dad, always respecting his opinion ain't that right father and when I started to drive I always took my dad with me to choose a car as I knew he would check it over properly and tell me if it was worth buying or not. If he said no then I took his advice and steered clear but that was not only in cars but if I was to buy anything for a large amount of money I always got my Dad's advice before purchasing. Even when me and Dee brought our bungalow together I wanted my Dad's advice. After buying the bungalow and brining him to see it he tapped me on the shoulder and said you have done well David and that was when I knew it was the right one.

When Steven, Kelly and Amy were young every Christmas Dad would take them all to Cambridge for a day out to see Father Christmas but not just once, it would be several times. They all loved going up and down the escalators and lunchtime they used to go and meet Grandma. Before they came home they would always get a bag of pick and mix each and I could guarantee that it wasn't a small bag either but Dad didn't care he just enjoyed spending time with him grandchildren.

Before I go, there was one very special lady in Dad's life who he loved very much and that was our Mum.

When Dad and Mum were going to get married, Mum always wanted to get married in white shoes. So Dad didn't disappoint her and he got some special paint and painted her favourite shoes white just to make her day complete which shows true love and that lasted 59 ½ years. Dad was always making sure Mum was happy.

Dad always encouraged all the family in everything we did.

So, thank you Dad for making us all what we are today and for everything you ever done for us all.

Love you and Miss you Dad

David Folkes



Macmillan Coffee Morning



Jacob Aves, a real live wire



Homemade cakes and hot mince pies



Thank you to everyone who contributed to the Macmillan Coffee Morning by making cakes, donating raffle prizes and money, helping on the day, and attending the event. We raised £230!



CentrePeace book stall, a big range of quality books



Jacob Aves. Great hat and a scrubbing brush?



TFM Butchers, Isleham



I'm not from a farming background but my husband Steven is; he has always farmed and his father, John began farming in the late 60s. However, we did have a smallholding when I was much younger.

We are a traditional Family run Farm. We have a Herd of Single Suckler Cows, Pigs – Commercial and some Pure-Bred, a flock of Hampshire Down Sheep – Pedigree and a Flock of Suffolk cross Mules, these are a commercial flock. We also manage the Isleham Washes under a Government Stewardship Scheme for Over-wintering Waders and Wildfowl.



Stevens' Parents John and Margaret Thompson established the Farm Business (JM & MA Thompson & Sons) here in Isleham over 40 years ago. My last job before joining the family on the farm was in PR – I was a PA to the Consultants at a company in The St Johns Innovation Centre, Cambridge.



David Hartnell

We're a family-run business. Steven runs the business along with his parents. Steven runs and works on the farm with the animals, Margaret does all the paperwork, accounts etc, I work on the Farm with Steven and our 19 year old daughter Anna and I also run the On-Farm Butchers Shop (TFM Butchers). Unfortunately, Stevens' Father, John is not able to work out on the Farm at the moment.



Sausage making class underway

We began selling our own meat in 2005 from a shed. Another company would prep and pack our meat and send it back to us. We took the leap in 2013 and opened the On-Farm Butchers Shop, converted from a small room within our farm workshop. We found a great butcher who stayed with us for the first two years and has now moved on to run his own shop. We now employ David who does a great job for us.

Our USP (unique selling point) is that we ONLY sell our own beef, pork, chicken and lamb. Our meat is delivered as sides and the butcher breaks down all the primal cuts and produces a great fresh display in our shop.

We prepare some special meat cuts, and season some meats. We also sell our own dry cured bacon, gammon and cooked sliced ham. We can supply any fresh meat that you would normally see in a high street butchers. Just ask and we can help.



Anna Thompson proud of her family's sausages

Our sausages are special and said by some to be the best they've ever tasted. Because our sausages are all handmade, we know exactly what goes into them. Hardly any fat, however you do need some for flavour. We use a Cumberland mix which is not spicy and we don't use a great deal of rusk.



Anna holds tours around the farm in early May which is lambing time. All donations made are given to Macmillan

We've held a few sausage making classes over this year, from four family members, Soham Young Farmers Club, Isleham Cubs and Scouts to individuals. It costs £35 per person (groups of four), you hand make and tie the sausages with guidance from the butcher, you can add any flavour if you wish and you take home approximately 3kg of Sausages.



We are on a road which is a dead end so you have to make a point of visiting us. We have regular customers from all the surrounding villages, as well as Cambridge, Bury St Edmunds, London and most visitors who come to the farm on other business will take a large order home with them.



We can prepare something for people if they contact us beforehand. Just call, email through our Website www.thompsonsfarmisleham.co.uk or message me on Facebook. Give us a few days notice and we can get your order ready for you to collect. We do not open on Mondays or Wednesdays. I hope, in the future, to be able to take on-line orders.

We are a Red Tractor Assured Farm. We're very passionate about the British Farming Industry and try very hard to promote it especially on social media. From our Shop we can guarantee 100% traceability for the meat that comes back to our Farm is ours and we all work very hard to make sure the animals on our farm are very well looked after.



Purchases are not really seasonal or trend driven. We sell everything all year round. There are odd occasions when we will have run out of something. As we only sell our own produce customers are quite happy to pre-order for the following week if necessary.

We're closed on Monday and Wednesdays and open:

- Tuesday 10am - 5.30pm
- Thursday 9am - 5.30pm
- Friday 9am - 5.30pm
- Saturday 9am - 4pm
- Sunday 10am - 12noon

We are hoping to purchase a dairy cow and will be looking at selling raw milk and maybe butter. We do sell our own free range eggs through the shop and our own reared chicken for the table.

We do have a small fresh vegetable stall next to the shop. The vegetables are supplied by a lady in Isleham and all the money from the sales go towards horse rescue.



We are also going to start selling Farm Fresh Christmas Trees. This begins on Saturday 26th November and we will be selling only during Shop Opening Hours.

I like TV cooks but don't have a favourite – but I do like to watch Masterchef and the Great British Menu



I've attended some food fayres. The most recent was the Ely Cathedral Craft and Food Fair in November 2016. It was a great way of publicising ourselves as well as being able to speak direct to the potential customers about farming and our produce. A great experience as it attracts around 15,000 people over two and a half days.

Order NOW for Christmas
from



TFM Butchers
FENROSE FARM, 1 Fen Bank, Isleham, Ely, Cambs CB7 5SL.
Tel: 01638 780994/780431
Email: info@thompsonsfarmisleham.co.uk
www.thompsonsfarmisleham.co.uk

Beef Joints
Pork Joints
Lamb Joints
Free Range Chicken
Gammon Joints
Bacon
Chipolatas/Sausages - Sausage Meat etc!
ALSO
Locally produced Bronze Turkey

Christmas for the farm and the shop will mean busy busy busy – in the shop and out on the farm. Steven and Anna and I are out on the Farm 365 days of the year, half days for me and sometimes Anna as once I am finished my chores outside I am showered and in the Shop. Christmas is especially busy here on the Farm, feeding and mucking out all the animals then in the Shop hand making Chipolatas and Sausages and prepping the meat to make sure all our customers get their orders complete. We do have to ask a friend to come and help as we get so many orders.

Pre-order and order early for Christmas to avoid disappointment!



Roseanna Thompson

JM & MA Thompson & Sons
TFM Butchers

Selling only our own Beef, Pork and Lamb (Lamb seasonal) from our Farm Gate.



Meeting Eddie Acklam

What's your full name?

THEY now call me Eddie but I was first called Evie until THEY realised that I'm a boy. I've been called Gordon and the Playgroup called me Arthur; basically I've been called a variety of names. I don't keep tabs on my age but the vet says I'm about 12 or 13 years old now.



Where were you born and brought up?

My background is a little hazy. I came to the village in autumn 2007. I had been an itinerant; living on my wits, but as the months grew colder, I decided the time had come to start living off someone else's. I chanced upon 15 Fair Green. THEY seemed efficient, food was plentiful and the soft furnishings were comfortable, so I decided to make it my main residence.



I saw you out very early one morning the other day. Do you have a routine?

I have my circular walk from Chapel Lane to the Pub and back. I have been sited at the bottom of Chapel Lane but this was when THEY were away and I don't like to hang around an empty house.

I like to sit outside my house on the warm tarmac, and under the wisteria for shelter if it's a little inclement. It's a good vantage point from which to observe the comings and goings of the village.

You may see me out very early in the morning but note my purposeful walk as I'm hurrying home for 5.30am when I get a carton of Sheba.

You seem to be pretty active and not given to lolling around?

Occasionally, I do feel the need for adventure - to test out the whole "nine lives" thing. I once attempted to scale the wisteria at the front of my residence but it did not end well. My dignity was severely dented and several villagers (who shall remain nameless) found my predicament highly amusing.

I have also tried to satisfy my wanderlust by hitching a lift out of Reach in a variety of vehicles, but on each occasion my plans have been thwarted.



I have my moments of activity. Before the dog arrived I was not allowed upstairs but now I am. I will occasionally go bonkers (THEIR description) upstairs and race around the hallway. This I enjoy, but 90% of the time you'll find me asleep in the flowerbed.



You seem to be destined to an inspector figure in your next life. You always seem to want to know what's going on

Yes, it's been said that I walk in an authoritative manner and keep myself well groomed. I've attended most village events and committee meetings.

I like to oversee the goings-on in the village and take my responsibilities as seriously as any elected representative (even though I have yet to be co-opted on to any committee). I visit the playgroup and the pilates class and I also occasionally frequent the pub. I am not proud to say that I was once escorted home at closing time due to my unwillingness to leave the building (I blame the purnod).

I confess I am not a regular church-goer, though I do attend from time to time. Not long ago I was forcibly ejected from a service. On reflection, I may not have adhered strictly enough to the dress code (most of the congregation was wearing black). My feelings were hurt, however (as a ginger beast I am very sensitive to any potential discrimination issues). I have to say I did not think it was an example of particularly cr-hiss-tian behaviour.

What do you think of living in Reach?

By and large, I am happy here. I try to make friends with everyone I meet and I like to think people treat me the same way. I am extremely tolerant of the local wildlife and regularly share my food with the hen blackbird who lives in the garden. I draw the line at rodents however and feel it is my duty to cull these creatures at every available opportunity. Purrsonally speaking, I think that I now have this down to a fine art, as anyone who walks the lower end of Fair Green can attest to.



THEY have brought a dog into the house, Bessie. Does this cause you any angst?

Yes, the event did occur at the start of this year which perturbed me somewhat, when the unilateral decision was made to allow a dog into my calm and happy home. I made my feelings known in subtle ways and have now regained the upper hand. THEY realised the error of their ways and suffice to say my life is now more indulged than it was before the arrival of the creature.

I'm not fearful of animals or people. Indeed I love people. I love Reach Fair, and now the Festival, when the village is crowded. I'm a relaxed sort of cat; my own person.

Do you like music?

My musical tastes are eclectic and my desert island choices would be:

- Love Cats (The Cure)
- What's new Pussycat? (Tom Jones)
- Who Let the Dogs Out? (Baha Men)
- Morning Has Broken (name of the singer escapes me)
- THAT Andrew Lloyd Webber Musical

Anything by Deep Purrple but nothing by Bach (obviously) Litter-ary

Do you like to read?

I like my Litter-ature. In the cold, dark evenings, I curl up in front of a roaring fire by a good book. I enjoy a bit of Shakespeare, "Taming of the Shrew" particularly, as well as the more modern stuff, "Waiting for Dogot." "being my current play of choice. I will read anything by Dr Seuss and my three favourite novels are:

- Birdsong (Sebastian Faulks)
- To Kill a Mockingbird (Harper Lee)
- The Lovely Bones (Alice Sebold) (They do need to be read in that order)



What's your favourite food?

This is an area where I feel THEY could be more inventive. I never go hungry but sometimes I have to embellish my diet with protein parcels from the local fields. If I were ever asked, my perfect meal would be:

Vole-au vents
Mouse-aka and Rat-atouille
Apple Shrew-del

When your time's up where would you like to be laid to rest?

It's a comfort for me to know that I am loved and admired, and that when the Big Cat in the Sky calls me, I'll be laid to rest in the back field in the small pet cemetery behind the house and garden.

What's your philosophy on life?

Treat others as you would wish to be treated yourself. Meow!

The Acklam Family

Meeting Julia Bottrill, a Body Control Pilates Teacher

I was a dancer earlier in my career. I had always wanted to be a dancer since I was six years old. I trained at Body Work in Cambridge which is a performance arts college. I attended the college after I had finished my A Levels and completed a three-year course. The latter set me on my way to a dancing career. I worked mostly in jazz and musical theatre. When I was a youngster I did a lot of ballet and that meant that I was technically very able. I worked in shows at home and abroad. I enjoyed myself a lot but it was very hard work and a very hard life. You have to be very committed. I believe that dancing is something that chooses you. It's something you have to do not just something you want to do. Until this drive leaves you, you must continue.



I made the transition from dancing to Pilates when I was injured in my last dancing job (it was fortunately the only injury I suffered). I used Pilates to recover and realised its effectiveness. I used the money earned from my last dancing contract to attend a course run by the Body Control Pilates Association. Body control Pilates is recognised and recommended by physiotherapists and is one of the few techniques to achieve such recognition. I trained in Covent Garden, London.

Pilates teaches you how to be flexible, improve muscle development, lengthen muscles and tone. It develops your abs, lower back and core. Plus it relieves stress and tension derived from daily life. Some activities and general daily tasks can cause injuries and Pilates can reduce the risk of injury by strengthening the core.

There are different methods of Pilates: classical and modern. Always check out the method on offer and the trainer. BCPA, Polestar and Stott are recognised but there are many that are not as it is possible to do a one-day course and call yourself a Pilates teacher. However, the body is very complex and there is an awful lot to know and learn about it and how to adapt Pilates exercises to different body types. My course took

approximately six months to complete and that is with my dancer's background.

Pilates can consist of mat work, small equipment (for example, balls and bands), studio work with big equipment (for example, a barrel, a cadillac and a reformer). Swiss balls are good for more cardio work.

I've definitely seen my students improve, for example, a lady came to me who could only move her leg by using her hand. After 18 months she could move her leg by using its muscle and her brain. I must stress that the brain is a powerful tool and without this lady's strong mind and willpower it would have taken longer to achieve the results. Pilates can help you get over an injury and spinal issues can be improved. I had another lady who had been with a different trainer and she complained that she had 'a bad back that just wouldn't go away'. I watched her doing an exercise called a roll down and I could see that she was hinging as she completed the exercise and this was causing stress on her spine and the root cause of her back issue. After two – three months with me the back complaint had gone completely.

I find it difficult when I visit *gyms not to speak to people when I can see that they are performing exercises badly and are doing themselves more harm than good. But they don't know me at all so why should they listen to me, and often people don't take criticisms willingly. So I just keep my head down so as not to notice.

When I teach I first and foremost make the class personal to each individual. The teaching must be individually tailored as no two human bodies move in the same way. Individual advice is even more important if someone has an injury. Also I try and help each person to get the most out of a class. For these reasons I cross teach – tailor my advice to each individual – it's the best way. I may try and teach an exercise to someone and they don't like it, but they do achieve the exercise when it is explained in a different way or broken down into parts. I never give up on anyone and try and get the most out of people.

Pilates isn't constrained by age. The youngest person I taught first came to my class when he was 14 years old, and I've taught people in their 80s and 90s. Age is not necessarily an issue. If I have a class of Over 50s I don't assume that there are some things which they just can't do because, for example, some 20-year-olds are not as fit as the average 50-year-old. I'll cross teach. I aim to teach the person not their age group, and both males and females can be stronger than younger people.



Nowadays it's becoming more acceptable for men to take up Pilates but Pilates was devised by Joseph Pilates to make himself better as he had many ailments in his life.

The success of his exercises was recognised and he was asked to teach the army. Pilates was then taken up by dancers, then actresses and then by the general population. I enjoy the challenge of having both males and females in my classes because men's bodies are different from women's, so with my emphasis on cross teaching it's more challenging for me, and I like challenges!

If someone asks me about exercising I will find out if they have an injury and then tailor my advice to their injury. I teach rehabilitation classes and I had a male-only group where people had suffered strokes etc. If people don't have an injury but just want to exercise I'll find out what type of exercise they're looking for, for example, if they want something high impact then maybe Pilates is not for them unless they want to do ball-work or attend a studio. People must enjoy the exercise they take up or else they are just not going to keep it up. Pilates strengthens core muscles. You can take up yoga but possibly not if suffering from an injury because of the holding positions associated with yoga, and the positions are more extreme. To give someone advice about exercise I will try and identify what they want to do, and what they want to achieve.



Julia (left) and Jane who attends the Pilates class at Lode Chapel on Mondays and Thursdays (term time)

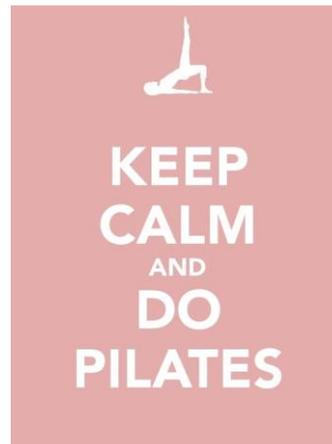
I enjoy a variety of exercises myself. I like zumba which reminds me of my dancing days. I've been doing Jujitsu for the past three months and I'm aiming for a red belt. Recently I tried a bounce class; this is based on a trampette with the aim to jump down into the trampoline rather than bounce upwards. I also swim regularly and dog walk. Yes, I'll admit to being a bit of an exercise freak.

The only exercise that I would not do is weight training. Most women don't need to weight train so it's not something I would recommend unless there was an identifiable special need. Light weight training is fine to tone muscles.

My exercise regime is quite busy. In addition to my teaching, most evenings, Monday – Friday, I will do something. I'm also doing extra Jujitsu classes on a Sunday at present. I'm an 'A Type' which means that I like to work hard and to the maximum effort possible. I do enjoy high impact classes but equally I recognise the value in balancing the body via the strength and control that Pilates offers. So even if someone usually prefers high impact activities, I would urge them to give Pilates a try as it might just surprise them.

I recently took part in a sponsored swim to raise money for Homestart Royston and South Cambs. The latter helps families with children under five and the families have various backgrounds; there may be mental health issues such as depression, incidences of domestic violence, low incomes etc. The group helped me in the past and I like to give something back. I've taught Pilates sessions in the family group sessions that they run in Royston and Cambourne.

I'm a motor bike rider and have taught Compulsory Basic Training (CBT) in the past but I'm just too busy now. When I do have time I like to read. I like audio books which I can enjoy while dog walking. I have a dog, Shadow, a Munsterlander. He was a rescue dog and I love him to bits. I also like drawing and singing. The latter very much. And of course I love spending time with my family and doing things together. I do Jujitsu with my husband – he's my sparring partner.



I love music and musicals. I recently travelled to Germany and saw Starlight Express; I have a friend in the production. I've always wanted to be part of that particular musical but I can't skate! I like all sorts of music: classical, jazz, soft rock and pop. I don't like to do typical stuff – what's expected – rather than choose classical music as an accompaniment to a ballet danced en pointe, I would choose the Beach Boys track rather than a classical piece.

I do have a smile on my face most days, most of the time. I feel like the cat that got the cream because I love my life: I have a beautiful family, I love my husband, I love my work and have a perfect work/life balance. I've had tough times in the past and have a good life now and appreciate it.

Julia teaches Pilates classes on Mondays and Thursdays in term times from 7 – 8 pm at the Chapel, Lode CB25 9EW. Pilates is very beneficial for anyone with injuries or back issues. After just 8 – 9 lessons you'll really feel the difference. Lesley Boyle and I attend regularly if anyone wants to lift share. Ed.



Burwell Museum



Thank you from the team at Burwell Museum

The Trustees would like to thank everyone who visited and volunteered at the Museum this year. We've had a fantastic season and we're now looking forward to making more improvements for visitors over the winter including a new welcome kiosk and exciting new shop stock!



Although we're now closed until Easter 2017 you can still get involved at the museum:

Don't wait until January - start something new today!

This winter we are looking for some friendly, community-minded people to join our volunteer team as welcome assistants, tea room support and windmill tour guides.

Don't worry if museums are not normally your cup of tea - you'll become part of a wonderful team who welcome and inspire visitors of all ages. Training is given. Give Mel a ring on 01638 605544 or email volunteers@burwellmuseum.org.uk



Tenner a Tooth!

A reminder that our hardworking windmill volunteers plan to replace the wooden teeth of the Great Spur Wheel, an essential part of the mill.

To raise the necessary funds we're inviting everyone to sponsor a tooth by donating just £10. In return for your donation we will display your name in the windmill, send you a letter of thanks and invite you to a special preview event before the start of the 2017 open season. A great Christmas gift for a windmill enthusiast!

If you would like to sponsor us a 'tenner a tooth' please contact education@burwellmuseum.org.uk or call 01638 605544.

www.burwellmuseum.org.uk
01638 605544
education@burwellmuseum.org.uk

Burwell Museum, Mill Close, Burwell, Cambridge CB25 0HL

St Mary's Burwell Christingle Service



Sunday 4th December 2016

4pm

No need to book

**Donations to Children's Society
Collecting Candles will be available
at the service to bring back later**

The Ely Mothers Union



Future Dates –

December 7th 'Christmas Social and Wave of Prayer
December 14th 2pm 'Christmas Readings' followed by tea.



Do you need a break in your busy day?

Why not drop in to

LUNCHBREAK CAFE

At St Mary's Church, Burwell

On the 4th Wednesday of every month

December 28th and January 25th

Open from 12.00noon till 2.00pm

Whether you work in Burwell or Reach, or your days are filled with the type of work that's unpaid, you may feel in need of an oasis of calm in your busy day. We serve light lunches in the beautiful and tranquil setting of St Mary's, so come along for a break, meet some friends and return to your work refreshed. Children's Corner with books and colouring available.

For more information, contact

**administrator@stmarysburwell.org.uk.



Door Stop Sellers



It has been brought to the Parish Councils attention that door stop sellers have recently been targeting parts of the village. They claim to be ex-offenders, and will show you an identification badge or card.

These schemes ARE NOT legitimate. They are all SCAMS. Please DO NOT buy from these people.

They will try and get you to buy from them, ideally about £10. This then indicates to the gang that you may have more money in the house. You may then be targeted and watched by burglars.

This is not meant to scare you but we, as a village, need to be vigilant.

Should someone knock on your door, DO NOT BUY and RING CONSUMER ADVISE HELPLINE 03454 040506 and report it.

The Parish Council will shortly be receiving some "We're not Buying it" window stickers. Please let us know if you would like one.

Light in the Darkness

A quiet space to remember loved ones who have died.

Remembering Tree in St Mary's from mid December.

Updates of opening times on church door & Facebook



Cambridgeshire Fire and Rescue Service



CAMBRIDGESHIRE
FIRE & RESCUE SERVICE
pressoffice@cambsfire.gov.uk
www.cambsfire.gov.uk

PREVENTING PROTECTING RESPONDING

IT is the time of year when we're enjoying a tippie with friends, cooking heaps of delicious food and decking the halls.

The fire service has these messages to make sure your festive cheer doesn't go up in smoke:

- Kitchens are a fire hotspot, so take care while cooking festive fancies. Never leave cooking unattended and turn off appliances when not in use.
- Switch off fairy lights and unplug them before you go to bed or leave the house. Make sure they conform to the British Standard and never overload plug sockets.
- Be careful when drinking alcohol while smoking or cooking.
- Finally, make sure you have a working smoke alarm which is correctly fitted and works. And NEVER take the batteries out to power presents!

Ensure you have a working smoke alarm fitted on each floor or your home and a carbon monoxide alarm installed.

For the latest news, incidents and safety advice, or to contact us, log on to www.cambsfire.gov.uk, call 01480 444500. Find us on Twitter, Instagram and Facebook.

Burwell and Reach Car Scheme

If you are unable to use conventional transport the scheme can help you to travel from Burwell or Reach to Doctors, Dentist, Chiropodist, Opticians, village shopping or visits to relatives/friends at home or in hospital

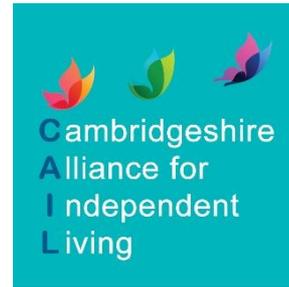
Transport cannot be provided for hospital OutPatient appointments

Contact Hours: 8.30am – 5.00pm Monday – Friday, please give us at least 48 hour's notice

01638 742543 answer phone.

You will be contacted after you have left your request for a journey

Cambridgeshire Alliance for Independent Living



Do you want to have a say in improving services from Health or Social Care?

Cambridgeshire Alliance for Independent Living is a local independent charity that works to improve services by raising the voice of people living with all disabilities.

One of the ways we do this is by bringing people with all disabilities and carers (called Independent Members), Health and Social Care teams, and voluntary sector organisations (such as Age UK, Voice Ability, Cam Sight and the Carer's Trust) together at 'Partnership Board' meetings.

The Partnership Boards are opportunities for you to have your say about what is good about Health and Social Care services, such as home care and day centres, and what you would like to improve or where you would like to see changes. Recent activities by the Partnership Boards include raising concerns about Home Care, which are now being examined closely by the County Council, involvement in helping to develop a new Carers Strategy and involvement in the process for choosing organisations to run Carers Services.

Interested in getting involved? We are looking for new Independent Members to join our boards. We offer full training and support, out of pocket expenses and reimbursement of travel. If you think this could be you, please contact Leisha O'Brien, Development Officer at Cambridgeshire Alliance for Independent Living by phoning 0300 111 2301 or email leisha@cambridgeshirealliance.org.uk

To find out more, take a look at Partnership Board pages on our website www.cambridgeshirealliance.org.uk



Out and About

Despite the cooling Autumn nights sunlight still creeps through branches, the trees blaze red and gold, the hedgerows offer ripe fruit and berries. Arguably the most colourful season, Autumn in Reach harbours some favourites, the starling murmuration at Tubney Fen, short eared owls hunting nearby, honking geese overhead, scurrying squirrels in trees along the Burwell Road and Reach Wood.



Closer to home, the garden birds fatten up for winter and demolish several feeders a day. The small male hedgehog we fed grew on and hibernated just before the first frost. It was sad to see two further casualties on our village roads last month, hedgehog numbers have declined 50 percent in the past 15 years.



Little owl

A grey squirrel spent several days preparing for winter by burying walnuts in our centre flowerbed. These were filched from Janet and Glen's neighbouring tree and its scampering sent the dog into a temporary frenzy.

As the sun sets at Tubney Fen the whirling starling display commences and the mass of birds perform their dynamic aerial manoeuvres silhouetted against a darkening sky, before landing in the nearby reed bed roost.



Barn owl

The murmuration still baffles Scientists who believe such manoeuvres attract birds to join the roost. The volume involved in this communal sleep creates a safety in numbers situation and reduces the risk of predation by confusing hawks. One study concluded that each bird monitors the seven closest neighbours and reacts to them, altering speed and angle to avoid contact. It's also known that first year starlings huddle together to keep warm. Rooks and jackdaws also perform pre-roost formations.

On the land opposite Tubney a barn owl often hunts the field and ditches, a pale ethereal presence. I read that barn owls have been taken off the RSPB Priority List.

Tiny, common pipistrelle bats flutter about the gate to our track (near Reach Wood), I learn they weigh the same as a 20p coin. A little owl frequents Aves' barn roof and the tiny head of an electric fence stake in Gareth's field. Buzzards circle above the wood and green woodpeckers, bold and parrot-like, appear almost daily. Grey wagtails, noisy and active, populate roadside verges, blackbirds the hedge bottoms. Musical goldfinches flit overhead and kestrels favour the area above Swan Lake Barns. Lapwings, redwings and hares can be seen on nearby farmland. Hilary and Shaun spotted short eared owls at Burwell Fen and I saw a small covey of grey partridge (a Red List species) on adjoining cultivated land.



Short eared owl

On 17 October Tracy text: a barn owl quartered the horses' field and flew over their stables. Starlings gathered on pylons, deafening chatter. And, six days later: a barn owl flew within 10 feet of me on 24 acres.

I wonder whether the Reach Events Committee would consider organising a village bonfire/fireworks event. This communal get-together and possible fund raiser (? mulled wine/sticky parkin/bonfire toffee) could be enjoyed by all and perhaps keep fireworks in one place. The request for people to notify the website when they were going to have displays was a good idea and folk duly advised their intentions although we unfortunately fell foul of such consideration, which caused distress to my horses, a potentially dangerous situation for me and resulted in strewn rocket detritus, just feet from the stables. I understand that people are at liberty to do whatever they wish at their own property but the close proximity of other peoples' animals complicates this issue.

Grateful thanks to John Foreman who kindly supplied the owl photographs. Based in Exning, John can be seen out on the fen, the early morning starts and long periods spent in one place result in stunning images. His impressive portfolio can be viewed at www.jlfpics.com.



Horses and fireworks, a bad combination

Joss Goodchild

Swaffham Prior Village Gardeners

Indoor meetings are on a Tuesday at 8pm in Swaffham Prior Village Hall. Details of the summer visits will be confirmed nearer the time.

Membership is £15 per person. New members and visitors are always welcome: £3 per evening.

Chairman/Treasurer: Peter Hart 01638 741681

Joint Secretaries: Margaret Joyce and Mary Hart 01638 744390 / 741681



**An Evening at the Races
Saturday 11th February 2017
7 for 7.30pm Village Centre**

Buffet and Races

**£7.50 Adults
£3 Children 12 years and under**

On behalf of Reach Riders Group



Bottisham Village College Adult Learning

**New Evening Courses for
January/February 2017:
Art History – The Golden Age of European
Painting**

**British Sign Language
Calligraphy**

**Digital Photography – Night Shots and Winter
Digital Photography – Portraits and Street
Photography**

Living with Confidence

**Real Indian Cookery – Curry Delicious
Stained Glass for Beginners
Woodwork**

Saturday Workshops - 18th March

Calligraphy

Cook with your Kids

**Paediatric First Aid (Sat/Sun) – meets Ofsted
requirements**

Stained Glass

Wedding Flowers

Willow Weaving

Russian Decorative Painting

**Most workshops run from 10.00 to 4.00, but
check our website for full details**

**Our full programme can be found on our website,
together with enrolment information:**

www.bottishamvc.org/adultlearning

Tel: 01223 811372 email:

adultlearning@bottishamvc.org



Reach 24 Acres Community Orchard - Featured Fruits

Maclean's Favourite

This is a high quality late-season dessert apple with a rich sweet-sharp flavour. The tree is a heavy cropper but can be disease-prone. Its parentage is unknown, but it originates from Sudbury in Suffolk, having been developed there by a Dr Allan Maclean and introduced to growers in 1820.



Marjorie's Seedling

This plum originates from and was introduced commercially in 1912. Over 100 years later it is still the main late-season commercial plum grown in the UK. It is a good culinary plum, and very good for eating fresh when fully ripe. The fruit is large, plum-shaped, and purple, becoming blue-black when fully ripe, with a heavy bloom - overall very attractive. The flesh is greenish-yellow, juicy, quite coarse, and noticeably veined, with a good, strong plum taste. The stone is clinging. Marjorie's Seedling is attractive to commercial growers because it is vigorous, hardy, disease resistant, and a reliable and heavy cropper. These qualities mean it is also ideal for the garden or small orchard - and by growing your own you can also get a far better flavour than is possible for the commercial grower - the trick is to leave the plums on the tree longer. And if you like fresh plums, there are not many other ones around this late in the season (it is generally ready to be harvested in September).

For eating fresh make sure you leave the fruit on the tree as long as possible to get the best flavour - it is very pleasant straight from the tree on a cold autumn morning!

Merryweather

Merryweather is one of the most widely-planted and hardy damsons. It originates from Southwell in Nottinghamshire and was introduced in 1907, having being developed by Messrs. Merryweather (nurserymen).

The fruit is large by damson standards and Merryweather is in some ways more like a small plum.

Merryweather grows like a plum too, with a spreading habit rather than the more vertical habit often seen in damsons. It also comes into bearing earlier in its life than most damsons. Again unusually for a damson, the fruit can be eaten fresh if left to hang on the tree - although, like all damsons its true home is in the kitchen where it is one of the most versatile of culinary fruits.

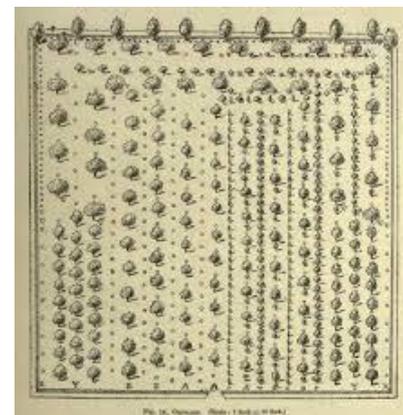
In spite of this popularity, some authorities question whether Merryweather is a true damson since it has many plum-like characteristics. H.V. Taylor in his definitive book "The plums of England" considered it as a hybrid damson / plum - but went on to say he felt it was probably the best of all damsons for gardeners.



In spite of the debate about its origins, Merryweather can be classed as a true damson for a simple reason - it has the distinctive astringent flavour which is the hallmark of the damson. Like most damsons it is also a hardy tree, in fact Merryweather is a tough tree even by damson standards and can thrive in very difficult situations.

More about damsons...

The name damson comes from Middle English *damascene*, and ultimately from the Latin (*prunum*) *damascenum*, "plum of Damascus". One commonly stated theory is that damsons were first cultivated in the area around the ancient city of Damascus, capital of modern-day Syria, and were introduced into England by the Romans. However, the *damascenum* described by Roman and Greek authors of late antiquity has more of the character of a sweet dessert plum, not fitting well to the damson plum.



The exact origin of the damson found in the UK (*Prunus domestica* subsp. *Insititia*) is still extremely debatable: it is often thought to have arisen in wild crosses, possibly in Asia Minor, between the sloe, *Prunus spinosa*, and the cherry plum, *Prunus cerasifera*. However, it is also thought possible that the damson developed directly from forms of sloe, perhaps via the round-fruited varieties known as bullaces, and that the cherry plum did not play a role in its parentage. *Insititia* plums of various sorts, such as the German *Kriechenpflaume* or French *quetsche*, occur across Europe and the word "damson" is sometimes used to refer to them in English, but many of the English varieties from which the name "damson" was originally taken have both a different typical flavour and pear-shaped (pyriform) appearance compared with continental forms. Hogg (a prominent British nurseryman in the late 19th Century) commented that "the Damson seems to be a fruit peculiar to England. We do not meet with it abroad, nor is any mention of it made in any of the pomological works or nurseryman's catalogues on the Continent". As time progressed, a distinction developed between the varieties known as "damascenes" and the (usually smaller) types called "damsons", to the degree that by 1891 they were the subject of a lawsuit when a Nottinghamshire grocer complained about being supplied one when he had ordered the other.

In addition to providing fruit, the damson makes a tough hedge or windbreak, and it became the favoured hedging tree in certain parts of the country such as Shropshire and Kent. Elsewhere damsons were used in orchards to protect less hardy trees. Orchards entirely composed of damson trees are a feature of some areas, and indeed damsons were the only plum planted commercially north of Norfolk.



There is a body of anecdotal evidence that damsons were used in the British dye and cloth manufacturing industries in the 18th and 19th centuries, with examples occurring in every major damson-growing area (Buckinghamshire, Cheshire, Westmorland, Shropshire and Worcestershire). Stories that damsons were used to dye khaki army uniforms are particularly common. However, there is no documentary evidence of damson's role as a dye. The main recorded use of damsons in the industrial era was in commercial jam-making, and orchards were widespread until the Second World War, after which changing tastes, the effect of wartime sugar rationing, and the relatively high cost of British-grown fruit caused a steep decline.

Sources: <https://www.orangepeppin.com/> and <https://en.wikipedia.org/wiki/Damson>

David Thomas

What's "Growing On" at Snakehall Farm?



GARDEN TEAM IN A SCHOOL MAKE-OVER PROJECT

Our amazing green fingered team have been helping transform the newly developed Shade Primary School in Soham. The Shade School secured a grant from the Tesco Bags of Help Scheme and approached Tom Cockerton, Garden Team Co-manager to quote to deliver the project. Our Co-workers loved working with lots of different people and seeing their hard work put to great playtime use by the primary school children. Tom Cockerton is pleased to showcase a different range of services his Garden Team can provide. Our Garden Team provides a range of contract and one-off garden maintenance and transformations throughout the year. For more details contact Tom on 01638 741551

ADD SOME SNAKEHALL SPARKLE TO YOUR CHRISTMAS

Well you have missed Black Friday, Cyber Monday and perhaps the normal shop opening times but remember our little veg shed at Snakehall Farm is always open. We have the usual suspects of parsnips and sprouts but also lots of delicious Prospects Preserves perfect for an hamper or creative crafts to adorn your home this winter. With the Woodwork Workshop built and kitted out over 2016 we now have a great base to rival Santa's Lapland Toy Factory so now we can create Mud Kitchens, twinkly antlered reindeer and wooden imagination toys. We are also taking orders for beautiful handmade wreaths. Call Mark on 01638 741551 to place your order. We can even help with recycling your Christmas Tree in the New Year so give us a call to arrange.

HO HO HO HOVEL

Our winter project 2016/17 is shaping up to be a Farm Barn Extension. We are aiming to renovate an existing lean two hovel area into a new Co-worker space with Boot Room and an extended Farm Office. We will all be digging in the new year to get the foundations dug before our teams have to start digging the fields and polytunnels. We have really enjoyed our whole team development projects, it is great to involve our Co-workers in all aspects of the development of their farm. We are of course busy fundraising to develop these new rooms, any donations most gratefully received by your local growing enterprise.

<https://localgiving.org/charity/prospectstrustatsnakehallfarm/>

Wishing all our local neighbours and customers a very Sparkly Christmas and Healthy 2017 from the Team at The Prospects Trust. www.prospectstrust.org.uk

Skeletal Forms



Betula utilis v jacquemontii

We often think of trees as being at their most beautiful when clothed in a dense canopy of fresh leaves, and festooned with flowers. Many, however, have much to offer during the winter months by way of stem, branch colour and texture.

In their naked state, denude of leaves, the skeletal forms of trees can make a dramatic contrast to a stormy winter sky, appearing as dark figures silhouetted on the horizon. When bedecked with a haw frost, the drooping limbs of the native birch, *Betula pendula*, take on an enchanting, other-worldly appearance to bring another element to the winter landscape.



Betula nigra

Closer observation of birch trees reveals an array of stem and branch effect, with a bewildering range of colours and textures evident. The Himalayan birch, *Betula utilis*, in its various forms, has peeling bark from pure white to brown, while *Betula utilis* 'Sichuan Red' has a smooth, dark brown bark, overlain with orange and red. In contrast, the stems and branches of the river birch (*Betula nigra*) are covered in curling, exfoliating brown bark.

The cherries are not to be outdone on the winter interest front, with the Tibetan cherry, *Prunus serrula*, having glossy, mahogany bark which demands great admiration. The maples too want a piece of the winter action, with several having distinctive bark to add another dimension to the garden. *Acer griseum*, the paperbark maple, has cinnamon-coloured bark, which curls with age, but which creates a dramatic effect. It is no coincidence that *A. capillipes* and *A. grosser* are often referred to as snakebark maples, having brown and green bark with vertical markings. One of the more imposing trees to provide winter interest is the Persian ironwood, *Parrotia persica*, whose flaky, self-grafting stems produce an intricate network of interwoven branches to create a broad canopy.

The more familiar native oak, *Quercus robur*, is also worthy of a mention. It has a rugged, branching frame and serves as a distinctive landmark, but how many of us have paused to admire its grey, fissured bark? The bark of a tree can provide one of the identifying features, but it is those with highly ornamental bark which are most desired by the gardener.

Finally, coniferous species also have their winter appeal. The single, vertical stems of *Pinus nigra* ssp. *laricio*, or the Corsican pine, are armoured with thick, scaly plates of bark whose grey, pink and orange hues are highlighted when lit by low winter sunlight. Equally dramatic in winter sunlight are the deciduous conifers, *Metasequoia glyptostroboides* (dawn redwood), and *Taxodium distichum* (swamp cypress). Each of these has fibrous, russet-coloured bark. Elegant as these are, neither can compete in scale with the giant redwood, *Sequoiadendron giganteum*, which dominates the landscape, and whose spongy, reddish-brown bark provides a protective insulation from forest fires. The lacebark pine, *Pinus bungeana*, provides another source of winter stem interest, displaying a smooth bark with patches of grey, brown and olive-green colouring, which sheds in small platelets to reveal younger bark beneath.

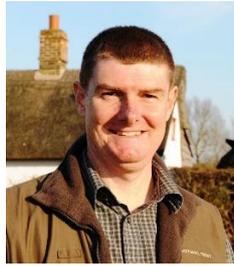
All these species add dimension to the winter garden, with their architectural form, and their textured and coloured bark. Some species, such as the Tibetan cherry, can be accommodated in a relatively small garden, but if you really wish to compare form and stem effect, a range can be admired here at the Botanic Garden.

The Cambridge University Botanic Garden is open from 10am - 4pm November, December & January, 7 days a week. Please note; the Garden will be closed from 24 December 2016 to the 01 January 2017 inclusive, opening again to visitors on 02 January 2017. Please check the website at www.botanic.cam.ac.uk for details about opening times, admission charges, tours, courses and special events.

**Sally Pettit,
Head of Horticulture
Cambridge University Botanic Garden**

Wicken Fen and Anglesey Abbey News

The renovation of Norman's Bridge which crosses Monk's Lode at its junction with Wicken Lode is nearing completion and should re-open shortly. Work to improve the surface drainage along the stretch of the Lodes Way from the bridge back towards the Visitor Centre is underway. This work was originally undertaken last year, but was damaged by a driver attempting to drive along the route!



We intend to re-introduce grazing in the near future on the Adventurers' Fen side of Wicken Lode. This will help open up the area and prevent the growth of scrub. The animals will be segregated away from the footpath along the Lode Bank.



One of the main jobs this time of year is slubbing. This involves using a digger to remove silt and vegetation from the Lode, drains and ditches across the reserve. Stretches of the waterways are slubbed on rotation ranging from every three to fifteen years, which creates a variety of habitats for our aquatic wildlife.

Talking of wildlife, Wicken Fen is widely regarded as the most species rich nature reserve in the United Kingdom with over 9100 recorded species. This year we've recorded a further four new species - two slugs, a damselfly and a weevil.



Weevil

The Willow Emerald Damselfly, is interesting insofar as it's relatively new to the UK and has spread relatively rapidly across the south-east of England and continues to move north

and west. The weevil, a Cramp-ball Fungus Weevil, is also interesting as it looks remarkably like bird droppings. This species is mainly a woodland weevil that lives in King Alfred's Cakes (cramp-balls or coal fungus) as a larvae, before emerging into its odd looking adult stage.



Probably the most notable wildlife event is not a new species but the return of the Norfolk Hawker Dragonfly, which was last recorded in 1893. Today the species is largely confined to the Norfolk Broads, but the risk of rising sea-levels and increasing salinity of the water is a real threat to their habitat. We will be looking next year to see if they breed here or whether this was a one off - fingers crossed!

Tickets for our Father Christmas at the Fen event have now sold out, but there are still spaces on our **Christmas Elves Workshops** for under 5's on Wednesday / Thursday, 7,8, 14, & 15 December. Tickets can be purchased from the Visitor Centre on 01353 720274.

Tickets for Winter Lights at Anglesey Abbey sold out a long time ago, but our **1960's Christmas** event in the House, promises to be bigger and better this year. The event runs Thursday - Sunday, 1 - 18 December, 11am -4pm. The downstairs rooms of the House will be decorated as they would have enjoyed by Lord Fairhaven and his guests, whilst our Encounters volunteers will be busy cooking, baking and preparing some of Lord Fairhaven's favourite Christmas tipples in the Domestic Wing.

If you fancy Christmas shopping without the queues or the hassle searching for a parking space, both Wicken Fen and Anglesey Abbey have well stocked gift shops. If you want a unique gift we can arrange gift membership to our Konik Pony Sponsorship scheme (see the Wicken website for details) or gift membership to the National Trust, which gives a year's worth of free entry to our amazing houses, gardens and nature reserves - both Anglesey and Wicken can arrange membership in a matter of minutes.

If you're looking for some fresh air and a walk over the festive period, Wicken Fen is open every day over Christmas (except Christmas Day itself), whilst Anglesey Abbey is closed from 24 - 26 December.

Finally, many of us will be making New Year's resolutions to lose a pound or two and get fit, so why not come along to our weekly heartbeat health walks. Walks last about one hour and cover a distance of 3 - 4 miles. There's a walk at Wicken on Wednesday, and at Anglesey Abbey on Thursdays. Both walks start at 10am and we would be delighted to see you.

Howard Cooper
National Trust

Tales from a Reach Garden

Autumn has been spectacular this year providing us with an amazing display of bright leaf colour in every shade from lime greens through to deep purples. It's been beautiful to see and we're lucky in Reach to have a choice of venues from nearby Reach wood, to Wicken Fen and the grounds of Anglesey abbey where we can admire an astonishing array of leaf colour.



This autumn spectacular has been helped by the largely dry and mild conditions from late summer, through October. It's only since the start of November that we've had a few dry and very cold days with biting north winds followed by damp milder weather that most trees are shedding their leaves.

It's at this time of the year I take stock of how well the garden is doing and what has performed well and what didn't and why. As always, the main reason why vegetable yields are better or worse than some years is mostly due to the weather and overall this year has been damper and less sunny than most. In fact June was very gloomy, cool and very wet and this caused all sorts of problems. Earlier in the year I reported on the very poor yields of our onions, shallots and garlic, which depend on June warmth to encourage the bulbs to expand and to start hardening the skins prior to harvesting. The leaves rotted instead, so the bulbs stopped swelling, which is why those that survived were only a quarter of the size they should have been. Climbing beans were slow to get started and there weren't as many peas as in previous years.



Pumpkins ("Spellbound") drying in this September's sunshine.

June is also the best time to plant pumpkin and squash because there are unlikely to be any frosts and the soil should be warm enough for most squash to flourish reliably, providing flowers and fruit which swell in time for harvesting in autumn. We planted our squash seedlings in June as usual, only for most rot in the ground, in spite of protection as the soil was simply too cold and wet. Two plants survived and they provided us with a couple of very large pumpkins each. This is nowhere near the yield we had last year, but thanks to the drier weather this August and September, the stems have dried out and the outer rinds have hardened off properly so they are less likely to rot in storage.

Basically anything that depended on a decent spring to ripen early, struggled this year, and most fruit and vegetables really only got going in July. Thankfully the weather improved from then on, but this summer was hardly a scorcher.

Most of the spinach and chard enjoyed the damp spring and will continue to grow over winter, although much more slowly than earlier. Root vegetables like carrots and parsnips did quite well and we're starting to dig them up now. We were less bothered by blight which often troubles potatoes but wasn't a problem for us this year and we had a reasonable yield, though watering was necessary in late summer to ensure we had potatoes larger than walnut size.



Globe artichokes in May

A root vegetable that shrugs off whatever the weather throws at it is the Jerusalem artichoke, which is the tuber of a type of sunflower, and just like many sunflowers, the flower stalks grow to about 4m (12 ft) or so. This isn't related to the globe artichoke which is basically the flower bud of an oversized thistle. Jerusalem artichokes are the tubers of a type of sunflower; the name is derived from *girasole*, which is the Italian word for sunflower.

We planted a couple of Jerusalem artichoke tubers some years ago having read that they can be eaten like potatoes and thought we'd give them a try, knowing that they are difficult to find in most greengrocers and supermarkets. We haven't needed to buy any since then as they come up year after year in the same place in the garden - with no encouragement. In fact, even if we think that we've removed all the tubers, there are inevitably little pieces remaining in the soil which then grow on to form more plants. Does this sound familiar? Basically, it's an edible weed. We try to clear the patch every spring knowing we will have a good crop some months later in winter, without trying...

And are they like potatoes? Definitely not, is the answer to that. The pale tubers are more knobby than potatoes which makes them more difficult to peel.

We grow a variety called "Fuseau" which is more widely available and easier to peel than other varieties, but still looks pretty unappetising.



Jerusalem artichokes in August

Larger tubers (the length of my hand) can be roasted and baked and even smaller ones are tasty in hearty stews and soups, just right for cold days. Their texture and flavour are quite different from potatoes. The texture is crisp rather like that of water chestnuts used in Chinese cuisine (a bit like radishes without the pepperiness) and the flavour is more aromatic than potatoes. Some people have trouble "digesting" inulin, which is a prebiotic fibrous starch found in Jerusalem artichoke tubers. I guess much depends on what bacteria you happen to have in your gut. So much so, that my children call these tubers "Fartichokes" and won't eat them. There are all sorts of dietary claims made for Jerusalem artichokes such as: they are good for diabetics because they don't impact blood sugars, and they also help to increase the absorption of calcium from foods. However, if you have a gassy gut or suffer from irritable bowel syndrome you may want to avoid them. I'm relatively lucky as I don't have much trouble eating them, so I can enjoy eating these freebies that our soil produces every year thanks to the two tubers we planted several years ago.



Some of this year's crop of Jerusalem artichoke tubers.



The New Cambridge Singers present

**A Victorian Christmas
by Candlelight**

**A festive performance of music from the Victorian era,
atmospherically lit by candles around the church.**

**St Mary's Church, Burwell
Saturday 10th December 2016
7.30 for 8.00pm**

Mulled wine served from 7.30pm

**Tickets £10. (Under 16s free), available from
CentrePeace, The Post Office and Tina's in Burwell
Or
email administrator@stmarysburwell.org.uk**



Danuta Gibson





**An Evening at the Races
Saturday 11th February 2017
7 for 7.30pm Village Centre**

Buffet and Races

**£7.50 Adults
£3 Children 12 years and under**

On behalf of Reach Riders Group

Food Focus



This month I'm providing you with four stuffing recipes in anticipation of Christmas day. A traditional pork mince stuffing which is relatively straight forward; an apricot stuffing which can also be cooked separately in balls providing an extra for vegetarians; a traditional Mrs Beaton's chestnut stuffing which comes highly recommended; and one which is a bit more way out there – for the daring and the wild (apologies I will try explore some other chef recipes other than Ottolenghi one day).

Traditional Pork Stuffing

500g minced pork
1 onion chopped small
2 cloves of garlic chopped
A handful of any fresh herbs, but include lots of parsley chopped
1 tbsp. tomato puree
1 tbsp soya sauce

Mix ingredients together and season liberally either stuff the turkey or make into balls and cook separately (you could add an egg if you think the mixture needs binding)



Apricot & Walnut Stuffing (also particularly good with goose)

4-5 cups of breadcrumbs
1 large onion fried in butter and oil with 1 garlic clove – but add the latter after 10 minutes to stop it burning
2 tbsp chopped parsley
1 tbsp oregano (less if dried)
8 apricots (the hydrated ones are better or put the dehydrated ones in water before)
8 walnuts or the equivalent in pine nuts
Milk as required to make the mixture stick

Mix ingredients together and season liberally either stuff the turkey or make into balls and cook separately



Mrs Beaton's Chestnut Stuffing

(Oven temperature: 200° C (400° F - gas 6), fan oven 80° C & reduce cooking time by 10 mins per hour)

900 g (2 lb) whole raw chestnuts
284 ml (1/2 pint) vegetable stock
25 g (1 oz) butter - may need more than this depending on taste
A 'good pinch' of sugar
Salt and pepper

Slit the chestnuts. Roast in the oven for about 20 minutes. Allow to cool a little before removing both the outer and inner skins, put the chestnuts into a stewpan, add the stock (no more than will barely cover them) and simmer them until they become tender. Rub through a fine sieve or use a potato ricer or potato masher. Add the butter, salt and pepper and use as required.



Sourdough & Feta Stuffing – Ottolenghi (serves 4)

200g (net weight) stale sourdough bread, crust removed and discarded
4 tbsp olive oil
3 spring onions, roughly chopped
3 green chillies, deseeded and thinly sliced
1 tbsp butter
80g pine nuts
80g feta
Grated zest of 1 lemon
4 tbsp chopped parsley
80ml milk
Salt and black pepper

Cut the bread into roughly 2cm cubes, then blitz in a food processor in a few short pulses. Do not work too much: the breadcrumbs should be small/medium and not completely even. This is essential for the texture of the finished stuffing.

Place a frying pan with two tablespoons of olive oil over medium heat. Add the spring onions and chillies, and sauté until light golden, about three minutes. Add the butter and pine nuts, and cook for three to four minutes, stirring regularly, until the nuts turn golden brown. Transfer to a large bowl and use your fingers to break in the feta. Tip in the breadcrumbs, remaining oil, lemon zest, half the parsley and most of the milk. Mix, and taste for seasoning. If the stuffing feels dry, stir in the rest of the milk.

Ten minutes before serving, put the stuffing into an ovenproof roasting dish and heat in the oven for five to 10 minutes. Scatter over the remaining parsley and serve.



Ely Farmers Market 2nd and 4th Saturday of the month (8.30 - 2) - 10th December and 24th & 2nd & 16th January in addition there is a Christmas Market (with lots of food producers) - Friday 23rd December (not sure on timings)

Cambridge's Mill Road Winter Fair Saturday 3rd December with market and food stalls lining the street and a food fair in Gwydir Street Car Park (10.30 – 4.30)

La Hogue (farm shop near Chippenham) has Father Christmas visiting on Saturday 10th and Sunday 11th December
Stretham Farmers Market Saturday 17th December (9am-1pm) with carol singing

Catherine Gibson



Seasonal Snakehall Produce

The crates of Snakehalls' farm shop have been brimming with autumnal goodies, and there are still lots of beautiful and delicious varieties of squash for those of you who like to make the most of these strikingly coloured vegetables. They will continue to have the following in stock over the next few months: potatoes, onions, garlic, leeks, spinach, brussels, curly kale, green tomatoes for chutney, parsnips and swede. Have a look out for their preserves to serve with cold meats on Boxing Day. It's also worth remembering that the co-workers produce a wonderful range of creative crafts which are available in the shop in the run up to Christmas including bird boxes and tables (to order) and wooden decorations.

Ps Foody Markets and Food Festivals happening near you

Burwell Farmers Market (Burwell Village College) 2nd Saturday of the month (9.30- 12.30) – 10th December & 14th January.

The VILLAGE CENTRE 100 CLUB for 2015

Help raise money to run the Village Centre

Tickets are just £10 for a full year and we have eight draws of £20 on the third Wednesday of the month and two draws of £50 in July and December

100 CLUB WINNERS

August £20:

September £20:

Please contact Grahame Radford 0168 742814 to be part of the draw



Swaffham Prior Primary School



On Tuesday 8th October we went to St Mary's for our Harvest Celebration which was led by Reverend Sue. Each class prepared their own special contributions. Mercury Class and Mars classes confidently sang, 'The Sun Came Shining Down'. Neptune Class brought beautifully decorated Harvest Boxes to the church which have been left for the parishioners to enjoy, and sang 'Harvest Festival song'. Saturn Class confidently recited 'Autumn' as a class and sang a Harvest Samba. It was commented on how expressive their reading was. Reverend Sue talked to us about the process of harvesting wheat and how we need to care and nurture the crops to get a good harvest. This was related to the nurturing of children so that they are prepared well for their future lives. KS2 choir performed 'Beautiful World' and we also had a lovely rendition of the Lord's Prayer sung for us.



Grounds Day. Evie Mitchell with Ms Nicholas (our new Assistant Head Teacher)

We sent our harvest donations to Newmarket Open Door Charity via Mrs Baker who reported that they were very pleased and thought it was a wonderful idea for a harvest collection. The Director asked to speak to Mrs Baker and said how grateful they were and asked that we pass on to the children and parents/carers how grateful they were and said it will be put to good use, allowing them to make choices about what to buy such as toiletries and other essentials.

In October, Years 5 and 6 went to the Cathedral Day in Ely Cathedral. There follows a report of the day by Lily St and Bethany-Louise:



**Guess who's under the pumpkin mask?
It's Tobias Aspin**

'We did two activities. The first one was called 'Toilet twinning' and it was really interesting. One person had glitter on their hands and had to High 5 other people to show how germs are spread. Then we talked about the different diseases you can get through not washing hands. After that we talked about the importance of clean water. We did another activity called 'ChristianAid'. A lady from ChristianAid told us what they do, for example, sending boxes of worms to people who need to make compost to grow crops. We both found out a lot of facts in both, especially the second one. We enjoyed the germs activity. At the end we had a ceremony where we shared our heart prayers. We sang songs and did actions. The day was action packed and it had a brilliant impact on us.'



George Tucker won a prize for his pumpkin and for an amazing carving of a brain

Montessori School, Reach

For further information please contact Christine Hobbs:
Tel: 01638 743304 or 07816 082353
Email: chrishobbs333@gmail.com

Pets Corner



Tommy Greenhill - bit of an identity crisis

Grounds Day took place on Friday 21st October and despite a damp afternoon, we enjoyed a productive day outside. Children and adults worked together throughout the day in all areas of the schools' grounds on jobs including, clearing leaves, putting down wood chips, weeding flower beds, cutting back shrubs, clearing and tidying the vegetable garden and Nature Area, fixing the playtime box, removing the old sand box from the field and planting bulbs, which were generously donated to the school. It was a very successful day and the grounds look wonderful!

Pumpkin parade took place on Monday. Over 50 pumpkins were brought to school and they were extremely creative. They included, a smurf, a tiny cauldron with a magic potion cooking in it, a zombie, a hamburger, and a pumpkin with a flower decoration and hanging bats. Some featured artwork by famous artists such as Kandinsky, and there was some very detailed and clever carving. There was a pumpkin headdress and Jack grew his pumpkin. All the children were given prizes and some special ones were awarded to children in KS1 and KS2. Children who received these were Giselle, Ava H, Harry, Breeze, Jack and George.

We have just completed a week of anti-bullying activities based on the theme, 'Power for Good'. Throughout the week children had the opportunity to explore what bullying is and what can be done to prevent it. The week ended with a sharing assembly to which parents were invited.

Christmas is fast approaching and we have lots to look forward to. Our annual Decoration Day is at the end of November and KS1 Christmas production this year is called 'The Nativity'. We have the FoSPS Christmas Fair on Friday 9th December (2.30pm start), a Christmas celebration at St Mary's and Christmas lunch. We are looking forward to sharing mince pies and sparkle!

We would like to wish you a Merry Christmas and a Happy New Year!

Hannah Curtis, Head teacher



Days Gone By

The outstanding No 1 at this time was "Relax" by Frankie Goes to Hollywood which topped the charts for over weeks. It ultimately became the seventh best-selling UK single of a time. FGTH is a British band with "Relax" being its debut single. subsequently disbanded in 2007.



The big British news was the world's first heart and lung transplant. Swedish journalist, Lars Ljungberg, underwent the transplant, receiving the organs of a woman from the south of England who died the day before.

It took a team of 20 doctors and nurses at the specialist heart unit, Harefield Hospital, in north London, more than five hours to carry out the operation.

Mr Ljungberg was said to be recovering well from the operation and recuperated on an isolation ward in the intensive care unit there.

The first operation of its kind in the UK, it was simpler to perform than a heart transplant. There are fewer small blood vessels to join and just three main areas where the organs are sown into place.

Mr Ljungberg survived for 13 days after the operation and died with his wife and mother by his side. The hospital said the heart and lungs he had been given had worked well and had not been rejected but he had died as a result of his condition before the operation.

In Reach it was same old, same old with parking issues and streetlights out. It is interesting to see the kind of things that now come to the attention of the Parish Council compared to 33 years ago – no huge planning issues in those days!

One item in "Out of Reach" spoke of how Bonfire Night was such a success – it's such a shame this came to a halt – but who knows whether it can be resurrected once decisions are made regarding the sewage works on the Hythe. Thanks were given in the magazine to one Tony Jordan – so we have an ideal adviser should the project ever reach fruition.

Christmas events mentioned in the magazine include a Senior Citizens Christmas Dinner with entertainment, the Carol Service in the Church and then carol singing around the village. There was also a children's Christmas Party with all children from 18 months to 11 years invited.



And in the magazine there was another lovely poem from Bill Estall which I am reproducing here

Autumn

*With Summer now behind us and Autumn takes its place
The sun shines more coldly and early hides its face
Our trees have shed all their leaves and stand forlorn and bare*

*Fog and mist surround us and the threat of frost is there
The flowers have finished blooming and roses past their best
Giving the trees and bushes a well earned winter's rest
The swallows have now left us to their homes far away
Across many oceans to return to us one day
The fields lay so damp and cold but new corn is peeping through*

And the bulbs of the hyacinth grows soon to show its dress of blue

*The dormouse is snugly sleeping waiting for the Spring
And the skylark no longer sings when he is high upon the wing*

*Jack Frost is round the corner ready to freeze the ear or toe
And to cover the water like a mirror so only tall reeds show*

*The light of day grows shorter with every passing day
Until the sounds of carols sung rejoicing in what they say*

*That Christmas is upon us to fill us full of cheer
And give us faith and comfort to face the coming year*

Have a great Christmas everyone.

David Parr

744081 or davidmparr@btinternet.com

Heritage Street Lighting Update

Well, I reported progress in the last issue of the magazine but it seems nothing has occurred since. There's no stumbling blocks or disagreements, it's just a case of the County Council and Balfour Beatty drawing up the necessary paperwork and getting it to the Parish Council for their approval.

A meeting is being sought by Susan Bailey so hopefully there'll be further news in our February/March issue.

If you need to remind yourself of what this is all about have a look at:

www.reach-village.co.uk/street_lights.html

David Parr



Reach Riders Group: Fen Ride



Following the great success of the Burwell Ride on the Exning Estate last September, the Reach Riders held another Pleasure Ride this year on 2nd October.

This year the route incorporated the byways and tracks around Reach, Swaffham Bulbeck and Swaffham Prior Fens, starting from the "Reach Fair Carpark" field. Twenty-eight horses and ponies, some local and some from as far afield as Longstanton and Sudbury took part, several taking the opportunity after the Ride to try the new cross country jumps at the Reach Riding Arena on the 24 Acres.



The Ride, yet again a great success, raised £445.00 which will help with the cost of maintaining and running of the Arena.

Thanks go to the Reach Riders Group committee for organising and running the Ride, and to the following for their help and support:

Manchetts of Burwell for the sponsorship of the rosettes

Martin Rix and Steph Read for permission to use the "Field"

Henry Hurrell from Newton Farms Estates and Phil Kingsmill from Lordsground Farm for permission to use private land/tracks

Joss Goodchild, Shaun Mayes, Sue and Ron Dunnett, Karen and Grahame Radford and Rosie Almond for Secretarial and Marshalling duties

Anya Tabecki for the photographs

The Reach Riders Group Committee consists of

Sadie King (Chair)
Sue Cameron (Joint Secretary)
Claire Halpin (Joint secretary)
Hilary Fielding
Liz Tabeki

Anyone interested in joining should contact Sue Cameron for a membership form, terms and conditions and disclaimer. Email ewenandsue@btinternet.com or Tel 07879627859

Hilary Fielding

Our huge and sincere thanks go to Hilary for her hard work organising the ride. Ed.

All credit to Hilary for fantastic organisation. Liz Tabecki

Know Your Parish Council

Your councillors are:

Michael Aves	Vice Chair	742800
Hannah Baldwin	Councillor	07702 813845
Steve Boreham	Councillor	742098
Charlotte Cane	Chair	741064
Hilary Fielding	Councillor	741853
Diana Ward	Councillor	744210
Nathan Bridgeman	Councillor	

Your Clerk is Susan Bailey
29 Great Lane Reach CB25 0JF
01638 743794
reachparishcouncil@live.co.uk

Meetings take place in the Village Centre on the first Wednesday of each month. They start at 7.30pm and all Reach villagers are welcome to attend.

In addition to her councillor duties **Hilary Fielding** is Rights of Way Officer.



Reach Riders Group



Hilary Fielding (left) and Joss Goodchild

Reach Riders Group



Remembrance Sunday

The memorial is a stone pillar on the Fair Green - erected to the memory of the men of Reach who died in the Great War 1914-1919



Parish Council Meeting Draft Minutes



Minutes of Reach Parish Council meeting held on: Wednesday 5th October 2016

Attendance

Charlotte Cane	Chair	Present
Hilary Fielding	Vice Chair	Present
Michael Aves	Councillor	Present
Hannah Baldwin	Councillor	Present
Steve Boreham	Councillor	Present
Diana Ward	Councillor	Present
Nathan Bridgeman	Councillor	Present
Susan Bailey	Clerk	Present
Allen Alderson	District Councillor	Present
David Brown	County Councillor	Not Present

1. **Apologies for absence** – From Councillor Brown, received and approved.

2. **Declarations of Interest**

Councillor Aves declared an interest in planning application 16/01036/FUL.
Councillors Baldwin declared and interest in Reach Fair.

Forum for Members of the Public

Residents attended to discuss the planning application, the playground and Reach fair.

3. **Planning**

16/01036/FUL – the PC concluded that although they were neither for nor against this planning application, certain points should be made to ECDC. The PC wanted to also make it clear that they appreciated that there is a need for this type of family home, particularly for village families. The main concerns were the position of the site, outside the previous planning envelope, and that this may lead to infill building in the future. This may set precedence for ribbon development along Great Lane/Barston Dove. That the site was isolated from the village and in a rural, open countryside location. Concern was discussed regarding the highway issues relating to the entrance onto the site. The **Clerk** will therefore submit a letter to ECDC planning, stating these thoughts & points.

The PC would also like to thank the owners of 30 Fair green for the information regarding their future planning application.

4. **Play equipment improvements**

Following a survey of residents there is clearly an interest in updating the playground equipment and also expanding the equipment to include adult and older children facilities. **Councillor Bridgeman** and **Cath Tayleur** to obtain some initial quotes and will talk to Swaffham Bulbeck for advice. Once this has moved forward residence will again be consulted.

5. **Reach Fair**

It had been proposed, at a village meeting, that the PC should take back the running/organising of Reach Fair from the village centre committee. The Events Team are keen to take this on and the village centre committee have been struggling to get volunteers. The PC is accepting of this idea in principle but more information is required about how this would be handled, the financial implications and the legalities of it. **The Clerk** to discuss with the insurance company and **The Events team** to present a detailed proposal at the next meeting.

6. **Minutes of Previous Meeting**

The Minutes of the previous Parish Council meeting were signed as correct.

7 (1) **Amenity Fund Committee**

Nothing report

7(2) **County Councillor's Report**

At General Purposes Committee we considered the usual range of financial reports. We also agreed to invest in two particular areas with the aim of securing longer-term savings. The two areas are assistive technology to assist with the care of (primarily) older people and re-negotiation of the waste PFI. We also held a joint GPC/SMT workshop to consider business planning for 2017/18 and held a member seminar on the same topic.

Children and Young People Committee met with the main agenda item being a question and answer session with Dr Tim Coulson, the Regional Schools Commissioner. This involved a number of ways in which we can work together to improve the outcomes for pupils in Cambridgeshire schools. Committee also agreed to join a regional approach to housing and caring for young Unaccompanied Asylum Seekers, which will see Cambridgeshire take up to 92 UASCs.

I attended Constitution and Ethics Committee where we agreed to advertise for people to form an independent panel to consider members' allowances. I also sat on Staffing and Appeals Committee to consider future arrangements for Executive Director for Children, Families and Adults.

7(3) District Councillor's Report

Local Plan Seminar – a seminar had been held to discuss the recommendations on housing, employment, and green spaces. The recommendations will not be in the public domain until the agenda for November's Full Council meeting is published.

There will then be a consultation period Dec/Jan. The Local Plan should be adopted in 2018.

Sanctuary Housing – I have been dealing with several problems on behalf of Sanctuary Housing tenants.

Fly tipping – Over the last couple of months there has been an increase in fly tipping, mainly beside the fen droves. There are other ways of disposing of these items

- The recycling system (household)
- The recycling centres at Milton & Witchford – open until 5.30pm
- The District Council will collect bulky items for a fee – contact the council helpdesk 01353 665555

7(4) Financial Report

This month we have received the second precept payment from ECDC. And a payment of £858 from BT Openreach for the broadband wayleave. The cemetery income continues to grow and this money will be moved into a restricted reserve so that a fund can grow for maintenance of the cemetery as and when required.

The auditor had a problem with the accounts submitted; these were corrected and resubmitted on time. We have now received confirmation that the audit has been completed for this year end. We will need to look at how we deal with the end of year for 2017.

7(5) Parish Council Members Meetings

There were none.

7(6) Play Spaces

Weekly safety inspections continue, highlighting a couple of issues which need repair. This includes the wooden bridge and a squeaky swing. The entrance gate is broken and needs replacing. **Clerk** to get prices. Some parents had complained that they had banged their heads on climbing bars, **Councillor Bridgeman** to tape these to improve visibility.

7(7) Rights of Way

Nothing to report.

Matters arising from the last meeting – Councillor Boreham had obtained the No Horse Riding signs.

7(8) 24Acres Committee Report

Nick Acklam has reported that the growth and survivorship of trees in the 24 Acres woodland plantation over the summer has been very good. He proposes planting a further 100 trees over the winter 2016/17 to fill-in an area originally left unplanted to the north west of the woodland. This can be covered within the budget for maintaining the wood this year. The PC were in agreement with this.

7(9) Friends of Reach Wood

The mowing of the Reach Wood meadow took place satisfactorily on Monday 26th September. It is clear that the ragwort problem at Reach Wood meadow is not being controlled by the ragwort pulling events over the summer. Ian Froggatt of the Woodland Trust has advised that herbicide may have to be used in 2017 to bring the problem under control.

Coppicing of hazel in the wood started unexpectedly last week and will continue throughout this week.

Ian Froggatt of the Woodland Trust stated that this is statutory work required by the National Grid. The remit is to coppice all the trees and shrubs directly under the powerlines, that run along the edge of the wood. I have told Ian Froggatt that the lack of consultation, and the lack of notice that the works were about to start is unacceptable. He has apologised, but pointed out that statutory works of this kind are largely out of his control. It seems that he at least managed to avoid them doing this work in the spring.

7(10) Local Plan

Nothing to report.

8 Fees – cemetery and mooring

Cemetery.

It was proposed and accepted that the fees would be put up 5% as is usual, except for 'Interments for persons whose age at death exceeds 12 years' and 'Exclusive right of burial' which will increase by 20% to help bring Reach fees in line with those of other local cemeteries.

Mooring.

These would remain unchanged.

The siting up of the Lode was discussed **Councillor Boreham** to continue speaking with the Environment agency and **Councillor Ward** to discuss with the IDB.

9 Highways – Burwell Road

No update had been received.

10 Information Items/AOB

An increase in dog fouling on public rights of way had been reported. **Councillor Baldwin** to obtain some signs to be placed around the village.

The idea of fitting the phone box with a defibrillator, as in Swaffham Prior, was discussed. **Councillor Boreham** to investigate how this can be done.

A complaint had been received regarding the pathway leading from Ditchfield down to the village green. The width of the path has been reduced due to the grass verge growing over the pathway and flower and plants not being tidied by home owners. **Councillor Bridgeman** to assist with removing some of the overgrown grass verge and **Clerk** to write to home owners asking that they keep the pathway clear.

11. Payments

Susan Bailey – Clerk salary	£939.20
CR Contractors – mowing	£598.00
Eon – power on the green	£ 8.79
The Royal British Legion – poppy wreath	£ 17.00
PKF Littlejohn – Audit fees	£120.00

Minutes of Reach Parish Council meeting held on: Wednesday 2nd November 2016

Attendance

Charlotte Cane	Chair	Present
Hilary Fielding	Vice Chair	Present
Michael Aves	Councillor	Present
Hannah Baldwin	Councillor	Present
Steve Boreham	Councillor	Present
Diana Ward	Councillor	Present
Nathan Bridgeman	Councillor	Not Present
Susan Bailey	Clerk	Present
Allen Alderson	District Councillor	Not Present
David Brown	County Councillor	Not Present

1. **Apologies for absence** – received and approved.

2. **Declarations of Interest**

Councillors Baldwin declared an interest in Reach Fair.

Forum for Members of the Public

There were none.

3. **Planning**

It was reported that the Barston Drove planning application had been approved by the Planning committee at ECDC. Applications 16/01327/FUL & 16/01392/FUL were discussed. The PC had no comments to make on either application.

4. **Reach Fair**

There are strict rules regarding the PC and the structure of working groups and sub committees. Following discussion it was agreed by all parties that the Events Team would set up an organisation separate to the PC to run Reach Fair. This organisation would take full responsibility for the Fair; all profits would be donated to the PC for use within the village.

The Events Team will produce a document detailing this agreement, to be signed by all parties.

5. **Christmas Tree and calendar**

Documentation regarding the Christmas tree events had been supplied and was accepted. The PC will buy the Christmas tree and a grant will be received from Within Reach.

A discussion took place regarding the safety of the braziers. It was agreed that they will only be used in good weather and will not be lit in windy conditions. First aid equipment and personnel will be on site. Similarly concern was discussed regarding the scaffolding and snow machines. The Events team will ensure that no members of the public are able to climb the scaffolding.

Due to complications regarding VAT the calendars will not be supplied via the PC. These will still be produced via The Events Team.

6. **Minutes of Previous Meeting**

The Minutes of the previous Parish Council meeting were signed as correct.

7 (1) **Amenity Fund Committee**

The structure of the Amenity fund was discussed. With The Events team taking over Reach Fair, the PC would like the responsibilities of the Amenity fund to come under the control of the PC, and a grant/funding structure arranged for the benefit of the village. **Councillor Cane** to discuss with the Chair of the Amenity fund.

7(2) **County Councillor's Report**

Full Council met on 18th October. A number of motions were debated and agreed. These included: support for keeping Minor Injury Units (including in Ely) open; calls on Government for more equitable funding for health; the need to ensure appropriate archaeological surveys associated with development.

General Purposes Committee met with initial consideration of the Business Plan for 2017-18 high on the agenda. Consideration was also given to a number of invest to save bids surrounding: enhanced intervention services for children with disabilities; Link workers within adult mental health services; and improving commercial governance in procurement. A bid for a Community Led Local Development fund for Wisbech to match fund European Social Funding was also considered.

Children and Young People Committee met to consider emerging savings proposals. With unforeseen pressure on the Looked after Children budget it was agreed to request the General Purposes Committee to consider increasing the base budget. Further work was also requested on the future service delivery model for Children's Centres.

I attended workshops for Children and Young People Committee regarding business planning and the strategic role of the County Council in education. I also attended 2 meetings of political spokespeople for Children and Young People.

7(3) **District Councillor's Report**

No report supplied.

7(4) Financial Report

Nothing to report. The PC remains in a financially stable situation.

7(5) Parish Council Members Meetings

Councillor Boreham continues his discussions with Anglian Water regarding The Hythe and things are moving forward. He also continues discussions with IDB & EA regarding the silting up of the Lode. **Councillor Ward** to draft a formal letter, from the PC, requesting that this matter is urgently attended to.

7(6) Play Spaces

The PC is very keen to update the playground this financial year and **Clerk** will contact Councillor Bridgeman to ask whether he is able to take the lead on this task. The immediate need is for a full consultation to establish what equipment people would like, within the village, followed by the obtaining of grants.

Repairs to the gate will go ahead along with some maintenance to the bridge. **Clerk** to arrange.

7(7) Rights of Way

Councillor Boreham had obtained the 'No Horse Riding' signs. These had been put up at the entrances to Reach Wood. **Councillor Boreham** to put up the additional ones by the small footpath leading from Reach Wood across towards the allotments.

7(8) 24Acres Committee Report

A request had been received for spending of approx. £160 on maintenance and replanting at the 24Acres. This was approved. **Clerk** to inform Nick Aklam.

7(9) Friends of Reach Wood

The Woodland trust have agreed that the Ragwort cannot be controlled by pulling alone. A new plan will be established.

7(10) Local Plan

The February PC meeting will start earlier to allow for a public Local Plan consultation.

8 Clerk Annual Review

Awaiting information.

9 Community gritting scheme

Following discussion it was agreed that the new gritting route is not acceptable. There will be no gritting in Reach, and community gritting cannot cover for this. At least bus routes in and out of the village should be included in CCCs gritting route. **Clerk** to write a letter of complaint with the PCs views.

10 Information Items/AOB

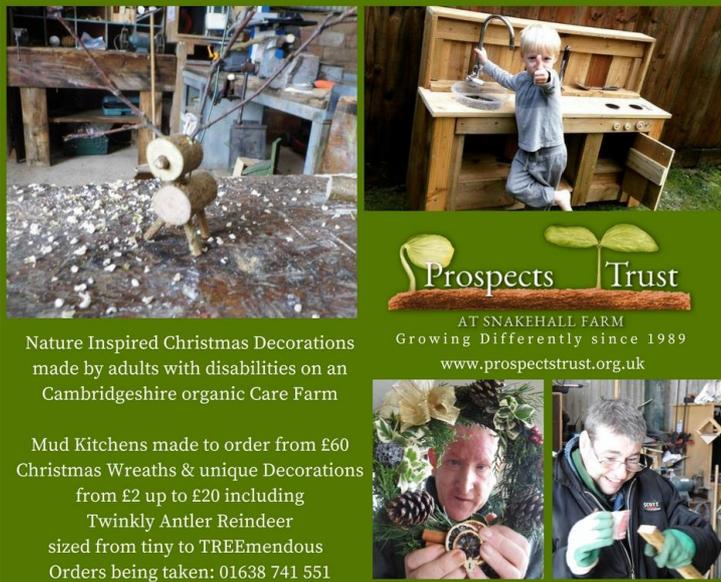
The idea of fitting the phone box with a defibrillator, as in Swaffham Prior, was again discussed. Councillor Boreham had been unable to obtain any information from Swaffham Prior. **Councillor Cane** will continue to investigate.

Concern had been shown from a resident regarding the increasing number of door step sellers in the village. **Clerk** to investigate with trading standards.

11. Payments

CR Contractors – mowing	£282.00
Eon – power on the green	£ 10.09
National Trust-24Acres lease	£ 10.00

The date of the **next meeting** will be Wednesday 7th December 2016 at 7.30pm. The Agenda for the meeting will be issued by the previous Wednesday and can be accessed from the Parish Council area of the Reach website (www.reach-village.co.uk).



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 AT SNAKEHALL FARM
 Growing Differently since 1989
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Nature Inspired Christmas Decorations made by adults with disabilities on an Cambridgeshire organic Care Farm

Mud Kitchens made to order from £60
 Christmas Wreaths & unique Decorations from £2 up to £20 including Twinkly Antler Reindeer sized from tiny to TREEmendous
 Orders being taken: 01638 741 551

Letter from the Vicarage

Getting ready for Christmas seems to get busier every year. It can sometimes feel as if there is no time to breathe, let alone find space to think. Advent is the Church's name for this time of preparing, and is traditionally a time for prayerful waiting for the coming of Jesus.



One of my favourite times of the day is when I pop into St Mary's at the end of the day to lock up. I'm usually there on my own, and it's a precious few moments of quiet, to just sit, and then to pray. When life is busy, and it seems as if the 'do list' is never ending, it can be life-giving to stop and remember, even just for a few moments, what it's all about. There's a very ancient prayer for Advent, which is, quite simply, 'Come, Lord Jesus!' It's a good place to start, as it's a prayer we can use whenever, and wherever we are, whether we have just a couple of moments, or all the time in the world. This Advent and Christmas may you know the peace and joy of Christ, who came to bring light into our darkness.

This year we will once again be having a Remembering Tree at St Mary's from mid-December, with stars bearing the names of loved ones who have died. All are welcome to add a name to a star for the tree. The church will be open later each night during the week before Christmas if you want to pop in for a quiet space to remember, and perhaps light a candle (for times please see notices on church door). Reach church is also open each day, for a prayer, to light a candle, or just sit for a few moments.

Our Christingle Service this year is at 4pm at St Mary's on Sunday 4th December. We have a Carol Service in Reach on Sunday 18th December at 3pm, which will be a traditional style service, as someone described it last year 'more like 5 lessons and carols', with a quiet, intimate ambience. If you are interested in reading a lesson, please let me know. Later on 18th December, at 6.30pm, is our very popular Carols by Candlelight at St Mary's, and then on Christmas Eve we have the Nativity Crib Service at 3pm for all ages, Midnight Communion beginning at 11.30pm, and our then our early Christmas Day service at 8am at Reach, followed by a service for all ages at 10am at St Mary's. Please do get in touch if you would like to find out more about any of our events or services. Updates are posted on Facebook and our website.

Revd Dr Eleanor Williams, Vicar of Burwell with Reach
01638 741262
vicar@stmarysburwell.org.uk
Come and find us on Facebook!

Church Building Update

At the time of writing, we expect a set of detailed plans from the architect within the next few days. The brief we gave him was based on all the comments we received about the original plans, plus the professional advice received from the diocese. The vision is to carry out the essential repairs to the roof structure and to carry out various improvements to give us a church that retains its primary function as a sacred space and place of worship, whilst having flexibility to enable it to be used more widely by the community.



The overall look and feel of the building will be as Maisie would have known it, but there will be better heating and lighting and discreet audio-visual facilities. There will be a toilet and a small servery area, which will be accessed from a slightly larger porch. The floor will be improved and there will be better disabled access. A few pews will be removed, but most will remain and will be fitted with castors so that they can be repositioned for specific events. The space at the back can be furnished with tables and more informal seating for cafes and meetings, but all of these must also be moveable, to give maximum seating capacity for large events like funerals. A good stock of attractive stackable chairs will be maintained for this purpose. Last, but not least, somewhere in the design there will be an artistic feature that commemorates Maisie's life and generosity.

It will be very interesting to see exactly how the architect achieves all that! There will inevitably be a few minor adjustments before the plans proceed to approval for a faculty (the church's equivalent to planning permission), but hopefully work will be able to start some time in the middle of next year. To that end, we would like to recruit a small number of people in Reach to form an implementation team. Their roles would be to get involved with working out the final details of the plans and, when the time comes, to help with preparing the church for the builders, by packing up items for storage etc. During the construction phase, it would be good if some of this group were available to liaise with the builders on a daily basis, answering small queries and assisting with site security etc. These practicalities can be resolved much more efficiently by someone on the spot in Reach, who has a knowledge of the locality, than always having to be referred to the church wardens who live in Burwell, so please do consider carefully whether you could help. If you would like to be involved in this exciting phase of the project, please contact Pat Chalmers in the first instance (01638 742006 or pat@patchtcs.co.uk).

Pat Chalmers
Church Administrator
administrator@stmarysburwell.org.uk

Church Services

December 2016	St Mary's Burwell	St Etheldreda's Reach
Thursday 1 st	10.00 Little Bears	
Friday 2 nd		8.00 am Morning Prayer
Sunday 4th Advent 2	8.00 am Holy Communion 10.00 All Age Communion 4.00pm Christingle service	
Wednesday 7 th	10.00am Holy Communion 11.00am Holy Communion at Ash Grove	
Friday 9 th		8.00 am Morning Prayer
Sunday 11th Advent 3	10.00am Holy Communion	8.00am Holy Communion
Wednesday 14 th	10.00am Holy Communion	
Friday 16 th		8.00am Morning Prayer
Sunday 18th Advent 4	10.00am All Age Communion 6.30pm Carols by candlelight	3.00pm Traditional Carol Service
Wednesday 21 st	10.00am Holy Communion	
Friday 23 rd		8.00am Morning Prayer
Saturday 24 th Christmas Eve	3pm Nativity Crib Service with Messy Church Team 11.30pm Midnight Communion	
Sunday 25 th Christmas Day	10.00am All Age Communion	8.00am Holy Communion
Wednesday 28 th	No Service	
Friday 30 th		NO 8.00am Morning Prayer
January 2017		
Sunday 1st Christmas 1	10.00am Holy Communion (said service)	
Wednesday 4 th	10.00am Holy Communion 11.00am Holy Communion at Ash Grove	
Friday 6 th		8.00am Morning Prayer
Sunday 8th Epiphany 1	10.00 Holy Communion 7.00pm Sunday @ 7	8.00am Holy Communion
Wednesday 11 th	10.00am Holy Communion	
Friday 13 th		8.00am Morning Prayer
Sunday 15th Epiphany 2	8.00am Holy Communion 10.00 am All Age Communion	
Wednesday 18 th	10.30am Holy Communion at Ness Court	
Friday 20 th		8.00am Morning Prayer
Sunday 22nd Epiphany 3 Week of Prayer for Christian Unity	8.00am Holy Communion 10.30am United Service	
Wednesday 25 th	10.00am Holy Communion	
Friday 27 th		8.00am Morning Prayer
Sunday 29th Epiphany 4	4.00pm Messy Church	10.00am Holy Communion

Bus Timetable

Reach is served by the 10/10A bus service, provided by Stagecoach.

The difference between the 10 and 10A services is that the 10 travels via Valley Way in Newmarket whilst the 10A uses Noel Murless Drive.

A summary of all buses serving Reach and/or Swaffham Prior Monday to Saturday is shown below.

Please note that there is no bus service at all on Sundays.

Newmarket – Burwell – Reach – Bottisham – Cambridge																
Service No:	10	10	10	10	10	10	10	10	10	10	10		10	10	10	10
	M-F	M-F	Sat	M-F	Sat								Sat	M-F		
Newmarket (Guineas Station)				0704	0719	0814	0914	1014	1114	1214	1314	1414	1424	1514	1614	1714
Burwell (Manchetts Ness Road)	0628	0658	0713	0728	0743	0838	0938	1038	1138	1238	1338	1438	1448	1538	1638	1738
Reach	0639	0709	0724			0849		1049		1249		1449	1459	1549	1649	1749
Swaffham Prior	0644	0714	0729	0741	0756	0854	0951	1054	1151	1254	1351	1454	1504	1554	1654	1754
Cambridge (Drummer Street)	0727	0807	0812	0837	0842	0937	1037	1137	1237	1337	1437	1537	1547	1637	1737	1837

Cambridge – Bottisham – Reach – Burwell – Newmarket																
Service No:	10	10A	10	10	10A	10	10	10	10	10	10		10	10	10	10
				M-F	NMD											
Cambridge (Drummer Street)				0655	0755	0825	0925	1025	1125	1225	1325	1425	1525	1635	1735	1845
Swaffham Prior				0729	0829	0902	0959	1102	1159	1302	1359	1502	1559	1712	1809	1919
Reach				0735	0835		1005		1205		1405		1605		1815	1925
Burwell (Hawthorn Way)				0742	0842	0912	1012	1112	1212	1312	1412	1512	1612	1722	1822	1932
Newmarket (Guineas Station)				0810	0910	0940	1040	1140	1240	1340	1440	1540	1640	1800		

M-F - these buses run on Monday to Friday only
 NMD - this bus calls at Noel Murless Drive at 0905
 Sat - these buses run on Saturday only

A full timetable can be downloaded from www.reach-village.co.uk/bus_service.html

Please note that the bus stops at a number of stops in Burwell – those listed are just timing points

Diary Dates: December 2016

December 2016	Event	Location	Time
Thursday 1	Recycling Day (green)		
Saturday 3	Winter Fair	Mill Road, Cambridge	10.30am – 4.30pm
Sunday 4	Christingle Service	St Mary's Burwell	4pm
Wednesday 7	Parish Council Meeting	Village Centre	7.30pm
Thursday 8	Recycling Day (blue)		
Saturday 10	Burwell Farmers Market	Burwell	9.30am – 12.30pm
Saturday 10 – Sunday 11	Father Christmas	La Hogue	
Wednesday 7	Burwell Museum Coach Bricklane Xmas Show and Dinner	Tickets only from Tina's 741581	£58
Saturday 10	A Victorian Christmas by Candlelight	St Mary's Church, Burwell	7.30 for 8pm
Saturday 10	Ely Farmers Market	Ely	8.30am – 2pm
Thursday 15	Recycling (green)		
Saturday 17	Farmers Market	Stretham	9am – 1pm
Tuesday 20	Mobile Library	Village Green	2.15pm
Wednesday 21	Village Centre Committee Meeting	Village Centre	7.30pm
Thursday 22	Recycling Day (blue)		
Friday 23	Ely Farmers Market	Ely	
Wednesday 28	Lunchbreak Café	St Mary's Church, Burwell	12 noon – 2pm
Saturday 24	Ely Farmers Market	Ely	8.30am – 2pm
Thursday 29	Recycling (green)		



h a p p y h o l i d a y s !

Diary Dates: January 2017

January 2017	Event	Location	Time
Wednesday 4	Parish Council Meeting	Village Centre	7.30pm
Thursday 5	Recycling Day (blue)		
Saturday 14	Burwell Farmers Market	Burwell	9.30am – 12.30pm
Saturday 14	Ely Farmers Market	Ely	8.30am – 2pm
Thursday 12	Recycling Day (green)		
Tuesday 17	Mobile Library	Village Green	2.15pm
Wednesday 18	Village Centre Committee Meeting	Village Centre	7.30pm
Thursday 19	Recycling Day (blue)		
Saturday 28	Ely Farmers Market	Ely	8.30am – 2pm
Wednesday 25	Lunchbreak Café	St Mary's Church, Burwell	12 noon – 2pm
Thursday 26	Recycling Day (green)		

Wednesdays 7.30pm onwards **Bell ringing at Swaffham Bulbeck** – new recruits are welcome

Events with **Authors and Reading Group** are organised by Topping bookshop, Ely 01353 645005 or www.toppingbooks.co.uk

Burwell Museum website is www.burwellmuseum.org.uk **Tel:** 01638 605544






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 AT SNAKEHALL FARM
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Nature Inspired Christmas Decorations made by adults with disabilities on an Cambridgeshire organic Care Farm

Mud Kitchens made to order from £60
 Christmas Wreaths & unique Decorations from £2 up to £20 including Twinkly Antler Reindeer sized from tiny to TREEmendous
 Orders being taken: 01638 741 551

Contact Information

Parish Council		
Vice Chair	Michael Aves	742800
Councillor	Hannah Baldwin	07702 813845
Councillor	Steve Boreham	742098
Chair	Charlotte Cane	741064
Councillor	Hilary Fielding	741853
Councillor	Diana Ward	744210
Councillor	Nathan Bridgeman	
Clerk	Susan Bailey	743794
Rights of Way Officer	Hilary Fielding	741853
County Councillor	David Brown	743283
District Councillor	Allen Alderson	741744
Village Centre		
Chair	Andrew Towers	
Finance	Hugh de Lacy	743839
Bookings	Grahame Radford	742814
Marquee Bookings	Andrew Hall	743737
Grant Scheme (Formerly the Amenity Fund)		
Applications to:	Charlotte Cane	741064
Burwell and Reach Car Scheme		01638 742543
Church		
Vicar	Eleanor Williams	741262
Reader in Training	Frances Leadon	741770
Priest in Retirement	Reverend David King	742924
Parochial Church Council Member	Pam King	742924
Churchwarden at Burwell/Reach	Simon Rogers	741205
Churchwarden at Burwell/Reach	Stephen Walton	744214
Emergencies		
Electricity (Eastern Electric)		0800 783 8838
Police (Emergency)		999
Police (Non-emergency)		101
Water (Anglian Water)		08457 145145
Doctors, Burwell		
Appointments and Emergencies		741234
Enquiries		743602
Community Nurses		742382
Surgery Hours	Mon 8.30am to 6.00pm with extended hours on a Monday please phone the surgery for details	